

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## MICHAELA PATTERN DESCRIPTION

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Michaela is a lined dress with a close-fitting bodice and a flared skirt. It features a waist seam and a low square neckline. The front bodice is fitted with bust and waist darts transferred to the princess seams. The back bodice is fitted with shoulder darts transferred to the neckline, as well as with waist darts. The dress features a faux closure with buttons and rouleau loops at the front and fastens with an invisible zipper in the center back seam. The lining features a hem flounce peeking out from underneath the outer skirt. The long, set-in sleeves consist of two pieces. The top puff piece is gathered at the cap and bottom while the close-fitting bottom piece is straight. Michaela is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease (lining)	Hipline ease (outer garment)	Upper arm ease
cm	6.3–9.5	5.6–7.4	5.6–7.4	11.3–12.6	11.3–12.6
inches	2 1/2–3 3/4	2 1/4–2 7/8	2 1/4–2 7/8	4 1/2–5	4 1/2–5

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down (estimated), cm	Sleeve length (estimated), cm	Height, ft	Back length from waist down (estimated), in	Sleeve length (estimated), in
1 (154–160)	45	62.6	1 (5'1"–5'3")	17 3/4	24 5/8
2 (162–168)	48	64.6	2 (5'4"–5'6")	18 7/8	25 3/8
3 (170–176)	51	67.7	3 (5'7"–5'9")	20 1/8	26 5/8
4 (178–184)	54	69.8	4 (5'10"–6'1")	21 1/4	27 1/2

# SUGGESTED FABRIC

To sew this dress, choose dress-weight and suiting fabrics with the following properties:

- medium weight, structured, breathable, with good drape, non-stretch or with very little stretch
- the fiber content can include natural fibers (cotton, linen), blends (cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight denim, cotton, linen, dress-weight and suiting fabrics

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend natural fibers or blends (viscose + elastane, viscose + polyester).

The dress in the photo is made of cotton. The fabric is medium weight, with good drape and very little stretch. The fiber content is 100% cotton.

The lining is 100% cotton.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine

## PATTERN PIECES LIST

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### 1. From main fabric:

- front bodice — cut 2
- side front bodice — cut 2
- front skirt — cut 1 on fold
- back bodice — cut 2
- back skirt — cut 2
- top sleeve — cut 2
- bottom sleeve — cut 2
- front neck facing — cut 1 on fold
- back neck facing — cut 2
- rouleau strap for button loops — cut 1

### 2. From lining fabric:

- front bodice lining — cut 1 on fold
- side front bodice lining — cut 2
- front skirt lining — cut 1 on fold
- back bodice lining — cut 2
- back skirt lining — cut 2
- front lining hem flounce — cut 1 on fold
- back lining hem flounce — cut 1 on fold

### 3. From interfacing:

- front neck facing — cut 1 on fold
- back neck facing — cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

Additionally, cut two interfacing strips that are 2 cm (3/4") wide and as long as the interfaced area, to reinforce the zipper seam allowances. Cut two interfacing strips that are 1 cm (3/8") wide and as long as the interfaced area, to reinforce the bottom edge of the bottom sleeve. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- garment and sleeve hem allowances — 2 cm (3/4")
- zipper seam allowances — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



If one of the pieces ends up longer than the other after basting, do not rush to true them by cutting off the excess. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste them together. If the pieces still don't match in length because they have stretched or there has been a cutting mistake, you can always true the pieces after the fitting, during the construction of the garment.

After assembling the garment, press it lightly and press the seam allowances either to one side or open.

### **What to look for during fitting?**

The left and right sides of the bodice should look the same.

Verify the garment balance: the side seams and the center back line should be vertical, the shoulder seams should lie on the natural shoulder line.

The garment hem should be parallel to the floor.

Evaluate the fit of the front and back while looking at the person from the side. The front and back should not sag or ride up. There should be no horizontal folds at the back, no pulling at the shoulder blade area and shoulders.

Verify the garment length.

Check the fit of the sleeve. The sleeve should lie smoothly, without folds or wrinkles.

Check for fit issues associated with individual features of the body.

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, make changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Pin and baste the shoulder and waist darts on the wrong side of the back bodice pieces. Machine-stitch the darts, backstitching at the raw edge.

**Important!** Use light-colored thread in order to avoid marking the fabric during pressing and steaming.

Leave long thread tails at the dart point, tie them into a knot and hide them inside the dart bulk using a large-eye needle.