

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## DIANA PATTERN DESCRIPTION

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Diana is a semi-fitted dress with an accentuated waist and a skirt that flares out towards the bottom. The dress is fitted with front and back princess seams. The back has shoulder darts transferred to the neckline. The front features pockets at the sides. The dress has a round neckline and voluminous, elbow-length, set-in sleeves. The sleeves feature pleats at the caps and darts at the hems. The hems of the sleeves are finished with facings. The dress is finished with a free-hanging lining and fastens with an invisible zipper in the center back seam. Diana is midi length.



## IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	7.8–10.6	7.1–13.5	10.3–16.4	23.3–23.4
inches	3 1/8–4 1/8	2 3/4–5 3/8	4–6 1/2	9 1/8–9 1/4

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length, cm	Height, ft	Back length, in	Sleeve length, in
1 (154–160)	110.2–111.9	44.5–46.3	1 (5'1"–5'3")	43 3/8–44	17 1/2–18 1/4
2 (162–168)	115.1–116.9	46.5–48.2	2 (5'4"–5'6")	45 3/8–46	18 1/4–19
3 (170–176)	120.1–121.9	48.3–50.1	3 (5'7"–5'9")	47 1/4–48	19–19 3/4
4 (178–184)	125.2–127	50.1–51.9	4 (5'10"–6'1")	49 1/4–50	19 3/4–20 3/8

# SUGGESTED FABRIC

To sew this dress, choose dress-weight and suiting fabrics with the following properties:

- medium weight, structured, breathable, low-stretch or non-stretch, with good drape
- the fiber content can include natural fibers (wool, silk, cotton, linen), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight wool, dress-weight denim, jacquard fabrics

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), and synthetics (polyester, polyester + elastane).

The dress in the photo is made of dress-weight wool. The fabric is medium weight, with good drape and very little stretch. The fiber content is a blend of wool, viscose, and elastane.

The lining is 97% viscose + 3% elastane.

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.3 m (3/8 yd)
4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1 cm (3/8") wide, for all heights:

Size	34	36	38	40	42	44	46	48	50	52
cm	58	59	60	62	63	64	65	66	68	70
inches	22 7/8	23 1/4	23 5/8	24 3/8	24 3/4	25 1/4	25 5/8	26	26 3/4	27 1/2

5. Stitched straight-grain fusible stay tape — 0.3 m (3/8 yd)
6. Stiff net fabric, 140 cm (55") wide, for all sizes in all heights — 0.5 m (1/2 yd)
7. One invisible zipper, 60 cm (23 5/8") long, for all sizes in all heights
8. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine

After assembling the garment, press it lightly and press the seam allowances either to one side or open.

### **What to look for during fitting?**

The left and right sides of the garment should look the same.

Verify the garment balance: the side seams, center back and center front lines should be vertical, the shoulder seams should lie on the natural shoulder line.

The back should not ride up. There should be no horizontal folds at the back and no tension at the shoulder blades and shoulders.

Check the fit of the sleeve. The sleeve should lie smoothly, without folds or wrinkles.

Check for fit issues associated with individual features of the body.

After the fitting, make changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Pin and baste the shoulder dart on the wrong side of the back piece. Machine-stitch with backstitches at the beginning of the seam.

Leave long thread tails at the end, tie them into a knot and hide them inside the dart bulk using a large-eye needle.



Press the dart flat.