

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



GAIL PATTERN DESCRIPTION

Gail is a lined, semi-fitted, straight-cut jacket padded with synthetic down insulation. It features horizontal quilting on the front and back and diagonal quilting on the sleeves. The front is shaped with bust darts. The jacket has a shortened shoulder line and two-piece, set-in sleeves. The round silhouette of the sleeve is achieved with a shaped overarm seam. Gail features a stand collar and welt pockets at the front. It has a center front closure with a separating zipper and a zipper guard. There are belt loops at the sides of the garment for securing the tie belt. Gail is hip-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	34.1	54.8–54.9	30	22.4–26.1
inches	13 3/8	21 5/8	11 3/4	8 7/8–10 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	76	77–80.8
2 (162–168)	79	79–82.8
3 (170–176)	82	81.1–84.8
4 (178–184)	85	83.1–86.8

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	29 7/8	30 3/8–31 3/4
2 (5'4"–5'6")	31 1/8	31 1/8–32 5/8
3 (5'7"–5'9")	32 1/4	31 7/8–33 3/8
4 (5'10"–6'1")	33 1/2	32 3/4–34 1/8

SUGGESTED FABRIC

To sew this jacket, choose fabrics with the following properties:

- light- to medium-weight, soft, non- or low-stretch, windproof and water-resistant
- the fabric content can include natural fibers (cotton), artificial fibers (viscose, acetate), blends (cotton + polyester, etc.), and synthetics (polyester, polyester + elastane, terylene/dacron)
- the following fabrics are recommended: outerwear fabrics, gabardine, dewspo, taslan, membrane, taffeta, PU-coated polyester
- for the insulation, use alpolux, isosoft, thinsulate, polyester batting 100 g/m2 + swan dawn
- for the interlining, use spunbond 30 g/m2.

Attention! We do not recommend heavyweight, thick, stretchy fabrics (coating fabric etc.).

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The jacket in the photos is made of outerwear fabric. This fabric is thin, soft, windproof, and water-resistant.

The lining is 100% viscose. Alpolux 100 g/m2 was used for the insulation. Spunbond 30 g/m2 was used for the interlining. This material is also known as "agrotex" and can additionally be found in gardening or hardware stores. Synthetic swan down filling is made of 100% polyester fiber.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Lightweight knit or woven interfacing, 140 cm (55") wide, for all heights — 0.25 m (1/4 yd) for sizes 34–44; 0.3 m (3/8 yd) for sizes 46–52.
5. Swan down filling — 700 g to 1,000 g (those are the approximate volume and weight of a pillow stuffing for a 70×50 cm [28×20"] pillow).
6. Alpolux insulation 100 g/m² for all sizes and heights — 1 m (1 1/8 yd).
7. One separating zipper, 85 cm (33 1/2") long for heights 1–2; 90 cm (35 3/8") long for height 3; 95 cm (37 3/8") long for height 4.
8. Two top zipper stoppers for the separating zipper.
9. Matching thread — 1 spool for the sewing machine.

TOOLS AND EQUIPMENT

- sewing machine for construction
- narrow zipper foot for the sewing machine
- loop turner (optional).

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- front sleeve — cut 2
- back sleeve — cut 2
- top stand collar — cut 1 on fold
- bottom stand collar — cut 1 on fold
- front facing — cut 2
- back neck facing — cut 1 on fold
- placket — cut 2
- welt — cut 2
- pocket top facing — cut 2
- pocket bottom facing — cut 2
- tie belt — cut 1
- belt loop — cut 1.

2. From interlining material (spunbond):

- front — cut 4
- back — cut 2 on fold
- front sleeve — cut 4
- back sleeve — cut 4
- top stand collar — cut 2.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From lining fabric:

- front lining — cut 2
- back lining — cut 2
- front sleeve lining — cut 2
- back sleeve lining — cut 2
- pocket top lining — cut 2
- pocket bottom lining — cut 2.

We recommend testing your interfacing and/or fusible stay tape on a scrap of fabric before applying it to the main pieces. Check your iron's temperature and steam settings (check if it's safe to use steam on your main fabric). Check how long it takes for the interfacing to bond.



Use interfacing strips to interface the pocket area on the two front pieces. The size of the interfacing strips should be measured on the pattern. Cut the interfacing on the straight grain (parallel to the selvedge).

Transfer the pocket placement to the right side of the front pieces using a sharp piece of tailor's chalk or an erasable fabric pen. Always test the marking tools on a scrap of fabric to ensure the markings can be fully removed.

To apply the interfacing, position its glue side onto the wrong side of the fabric piece (or part of it) and press. Do not iron the piece, but instead press it section by section, holding it down with the iron for a few seconds until that section is adhered and then pressing down the next section. You may use a cotton pressing cloth to protect your iron sole. Once the interfacing is fused, leave the piece on a hard flat surface for 15 minutes for it to cool down.

