

# ADDING THE ELASTICS

**On the side of the lining** start sewing the elastic with your chosen stretch stitch (**Overlock /serger/zigzag**) and start to gently stretch the elastic pulling from the machine away. You should hold the elastic in your right hand and adjust the fabric with your left hand.

Try to stretch the elastic evenly through the whole process.

## SEAMLESS

### SEAMLESS VERSION

**On the side of the main fabric** start sewing the elastic with the chosen stretch stitch (**Overlock /serger/zigzag**) and start to gently stretch the elastic pulling from the machine away. You should hold the elastic in your right hand and adjust the fabric with your left hand.

Try to stretch the elastic evenly through the whole process.

In the seamless version you should stretch it less intensively to have a more plain result.

**Watch this short video to learn how to add the elastics:**

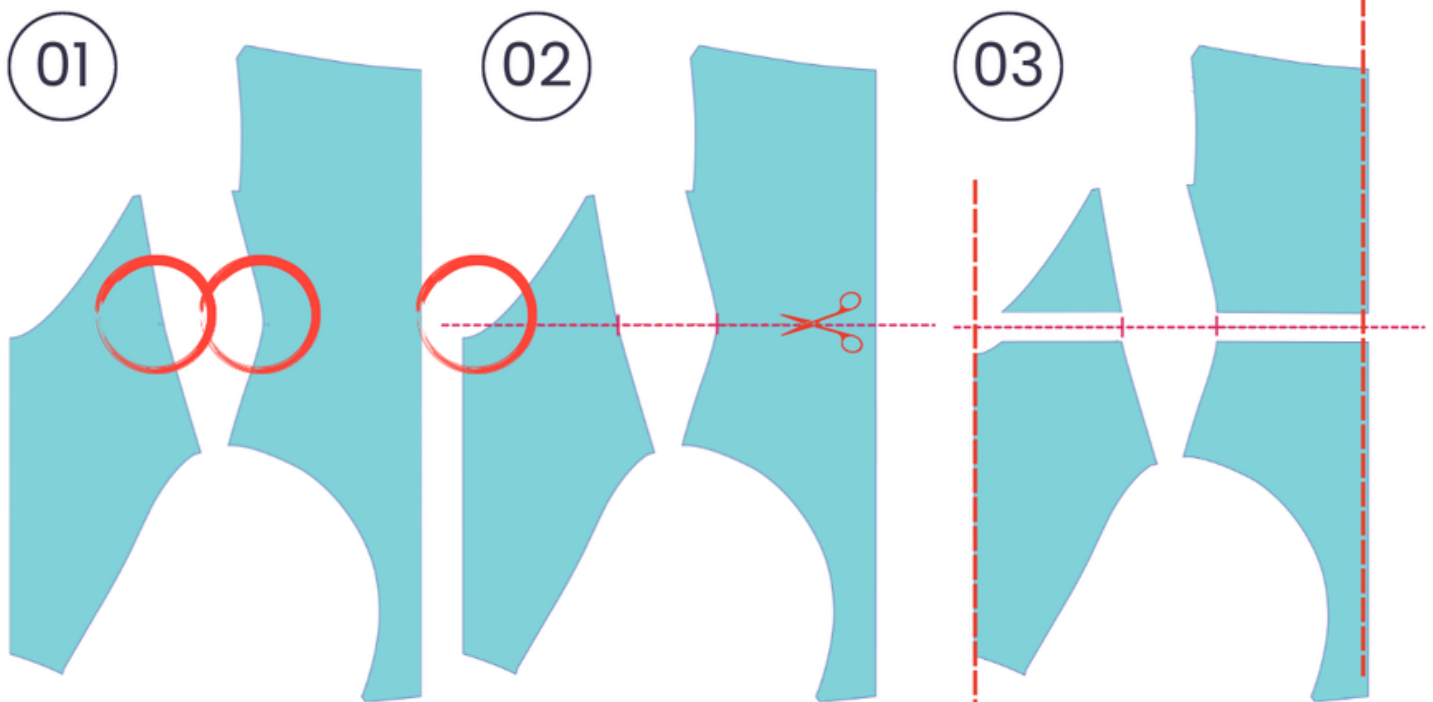
<https://youtu.be/-nPKSwuBRvU>

### TOP STITCH

Fold the edges with the elastics and top stitch it with zigzag stitches. Try to sew it on the edges of the elastics.



Follow these steps to adjust the swimsuit pattern to your height.



Make a copy of your pattern and cut it off. Find the point of the waist.

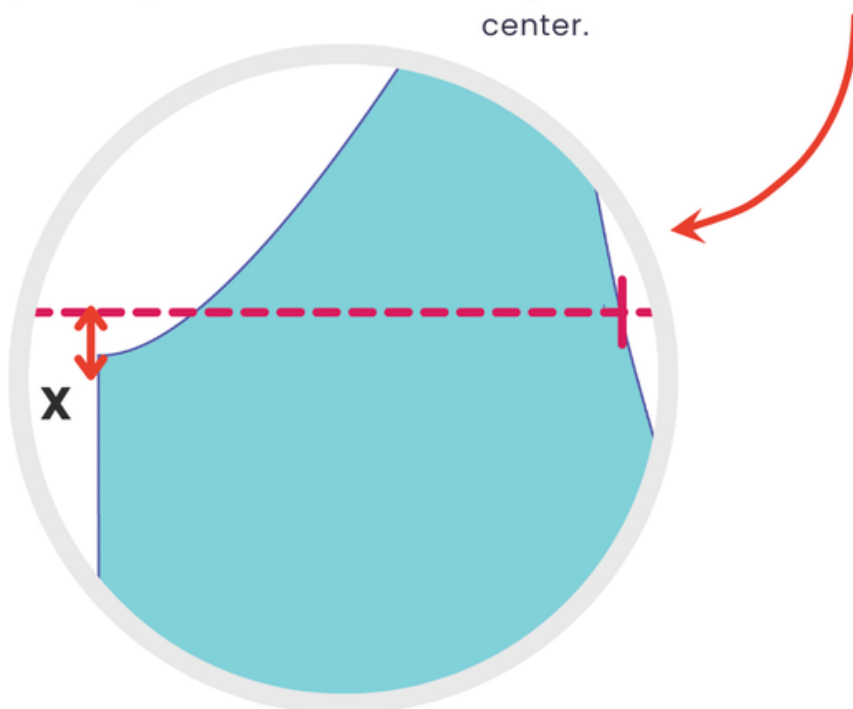
This is where you will horizontally divide the pattern to add the extra centimeters in terms of your height.

Draw a horizontal line from the waist point and cut the patterns both front and back.

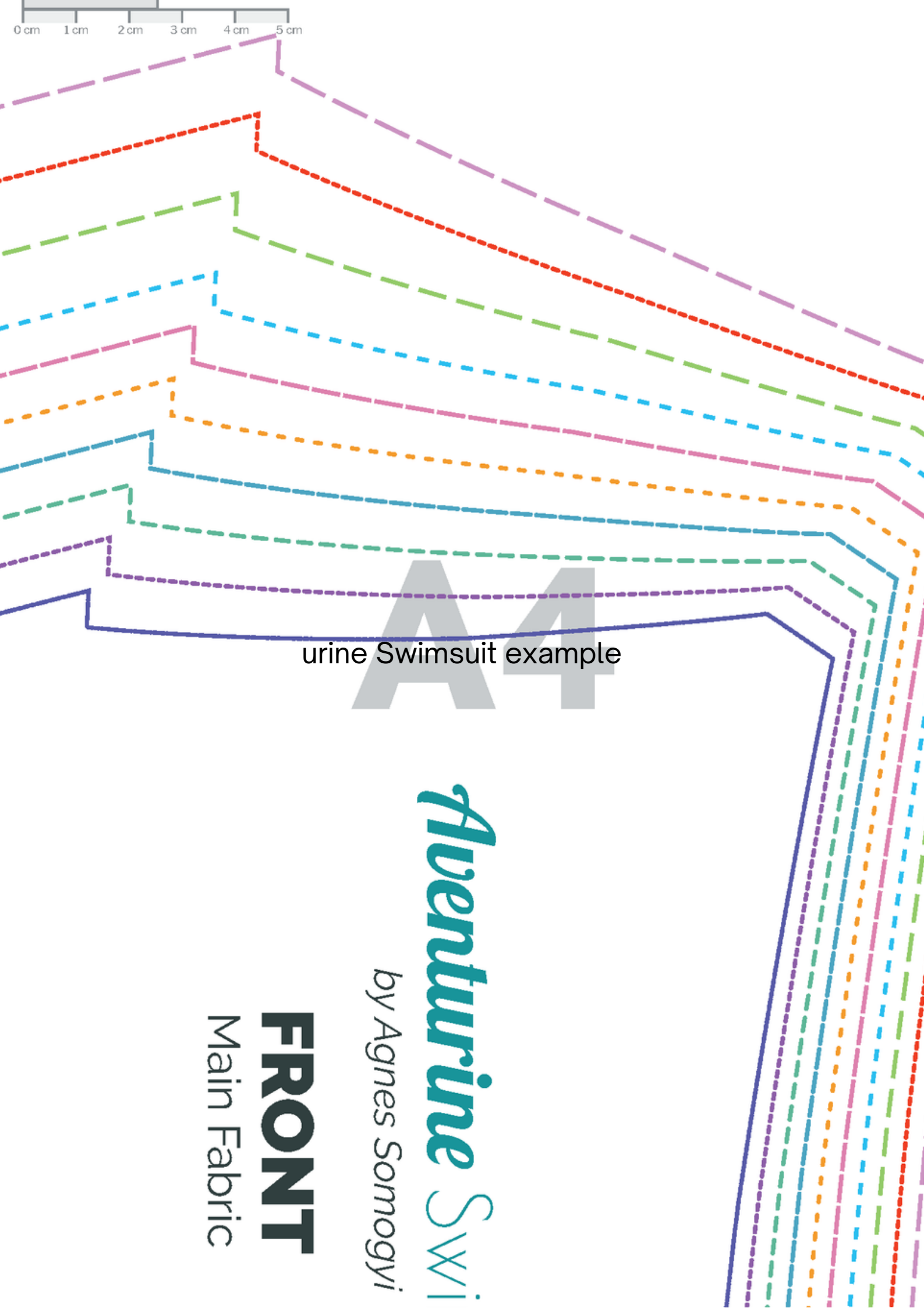
Measure and note the distance between the waistline and the top edge of the back in the center.

Put a piece of paper under your pattern and make a horizontal line. Mark the center of the back and front pieces with a vertical line.

Also mark the waist point both on the back and front. Now move the top piece up and the bottom piece down with the half of the amount you need to add.



To continue the example above you have to add 4.2 cm so that you move up 2.1 and down 2.1 cm. This way, you will make the entire swimsuit larger with 4.2 cm.



urine Swimsuit example

# *Adventure Swi*

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**FRONT**  
Main Fabric