FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ROXY PATTERN DESCRIPTION

Roxy is an oversized sweatshirt with a straight silhouette. It features shoulder darts on the front and back, a round neckline finished with a ribbing neckband, and a widened shoulder line. The sleeves are full-length and oversized, and feature design lines finished with piping. The sleeves are finished with cuffs made of ribbing. The hem is finished with a casing with an elastic cord and toggle stoppers at the side seams to adjust the length. Roxy is below-hip length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	40-52	60.1–72.1	34.4-46.4	25.5 – 29.7
inches	15 3/4–20 1/2	23 5/8-28 3/8	13 1/2–18 1/4	10-11 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length including neckband width, cm	Sleeve length including shoulder, neckband and cuff width, cm
1 (154–160) 2 (162–168) 3 (170–176) 4 (178–184)	68.2 71.2 74.2 77.2	75.1–76.6 77.1–78.6 79.1–80.6 81.1–82.6
Height, ft	Garment length including neckband width, in	Sleeve length including shoulder, neckband and cuff width, in

SUGGESTED FABRIC

To sew this sweatshirt, choose knit fabrics with the following properties:

- · soft, breathable, non-stretch or with very little stretch, medium-weight
- the fiber content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
 - · the following fabrics are recommended: heavyweight sweatshirt fleece

Attention! We do not recommend lightweight knit fabrics, jersey fabrics, French terry and lighter weight sweatshirting.

We recommend using rib knit fabric as an additional material for the cuffs and the neckband.

The garment in the photo is made of heavyweight sweatshirt fleece. The fabric is soft and low-stretch. The fiber content is a blend of viscose, polyester, and elastane. The cuffs and the neckband are made of rib knit fabric.

- 3. 2.5 cm (1") of lightweight interfacing
- 4. 16 cm (6 1/4") of 130 cm (51") wide rib knit fabric
- 5. 30 cm (11 3/4") of 1cm (3/8") wide twill tape to finish the back neckline
- 6. 4 grommets, 6 mm (1/4") in diameter
- 7. 2 double-hole stoppers
- 8. 1.3 m (1 3/8 yd) of 1.5 cm (5/8") wide knit piping

Alternatively, you can make your own piping. You will need:

- 3.5 cm (1 3/8") of 160–180 cm (63–70") wide lightweight knit fabric
- 1.3 m (1 3/8 yd) of cotton cord, 3 mm (1/8") in diameter
- 9. Matching thread 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)
- 10. Matching thread for the piping 1 spool

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 0.8–1 mm, stitch length 2.5 mm)
- · elastic threader (may be replaced with a safety pin)
- · one-sided foot for piping
- press tool for installing grommets and snaps

Important! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, they part the threads of the fabric you are stitching rather than piercing them.

Important! If the needle leaves visible holes in the fabric (sweater knits, etc.), we recommend making a toile first in order to check the fit and evaluate possible issues. In this case, there is no need for a fitting, except to check the lengths. We recommend testing on a scrap of fabric first to see whether your material is prone to be marked by needles.

If one of the pieces ends up longer than the other after basting, do not rush to true them by cutting off the excess or stretching the shorter piece. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste them together. If the pieces still don't match in length because they have stretched or there has been a cutting mistake, you can always true the pieces after the fitting, during the construction of the garment.

After assembling the garment, press it lightly and press the seam allowances either to one side or open.

What to look for during fitting?

The left and right sides of the garment should look the same.

Verify the garment balance: the side seams, center back and front lines should be vertical, the shoulder seams should lie on the natural shoulder line.

The garment hem should be parallel to the floor.

Evaluate the fit of the front and back while looking at the person from the side. The front and back should not be riding up or sagging. There should be no horizontal folds at the back, no pulling at the shoulder blade area and shoulders.

Evaluate the side seams from the front or back. The garment sides should not sag or ride up. Verify the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.).

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, make changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Using a hole punch and following the pattern markings, make holes for the grommets on the front and back pieces.

Follow the instructions provided in your press tool manual and install the grommets.