# FROM THE FOUNDER OF THE #VIKISEWS BRAND

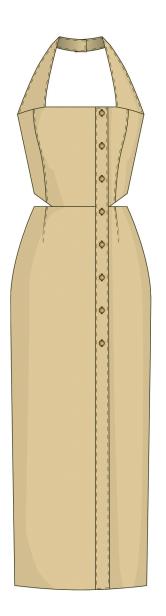


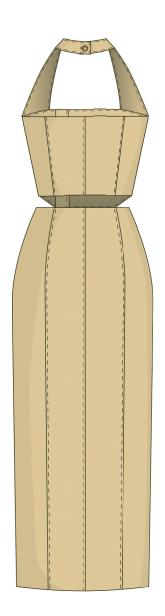
Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.





## LULU PATTERN DESCRIPTION

Lulu is a close-fitting dress with a waistline seam. Bust and waist darts are converted into princess seams on the bodice front. The dress features an asymmetrical left side placket and closes with buttons and buttonholes. The front of the skirt is fitted with waist darts. The upper edges of the bodice front and back are finished with facings. Two straps are sewn into the upper edge of the bodice front. They fasten with a button and buttonhole at the back of the neck. There is a decorative cutout at the waist back and sides. The waist cutout is also finished with facings. The back of the dress features a center seam and princess seams on the bodice and skirt. The dress is topstitched along the princess seams, plackets, darts, and straps. The dress is mid-calf length.



## **IMPORTANT!**

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## TOTAL EASE ALLOWANCE

Bust ease,	Waistline ease,	Hipline ease,
cm	cm	cm
0.2-2.8	1.6-3	3.2-4

#### **GARMENT LENGTH**

Height, cm	Skirt length from waist down at center back, cm	
1 (154-160)	72.9-73.5	
2 (162-168)	75.2-75.6	
3 (170-176)	77.9-78.5	
4 (178-184)	80.9-81.6	

### **SUGGESTED FABRIC**

To sew this dress, choose woven fabrics with the following properties:

- medium weight, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (cotton, linen), blends (cotton + polyester, cotton + viscose, etc.) and synthetics (polyester, polyester + elastane)
  - the following fabrics are recommended: gabardine, denim, heavyweight cotton, sateen, corduroy

**Attention!** We do not recommend stretchy knit materials (jersey fabrics) or lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photos is made from 100% cotton denim. This fabric is medium weight, soft, without stretch.

### PATTERN PIECES LIST

#### 1. From main fabric:

- right center front bodice cut 1
- · left center front bodice cut 1
- · side front bodice cut 2
- · center back bodice cut 2
- · side back bodice cut 2
- right front skirt cut 1
- · left front skirt cut 1
- · center back skirt cut 2
- side back skirt cut 2
- left front strap cut 2
- right front strap cut 2
- right front top bodice facing cut 1
- right front bottom bodice facing cut 1
- back bodice top facing cut 1 on fold
- back bodice bottom facing cut 1 on fold
- left front top bodice facing cut 1
- · left front bottom bodice facing cut 1
- back skirt facing cut 1 on fold
- left front skirt facing cut 1
- right front skirt facing cut 1
- placket cut 2

#### 2. From interfacing:

- · right front top bodice facing cut 1
- right front bottom bodice facing cut 1
- · back bodice top facing cut 1 on fold
- back bodice bottom facing cut 1 on fold
- left front top bodice facing cut 1
- left front bottom bodice facing cut 1
- back skirt facing cut 1 on fold
- left front skirt facing cut 1
- right front skirt facing cut 1
- left front strap cut 2
- right front strap cut 2
- placket cut 2

IMPORTANT! Don't forget to transfer all the notches from the pattern to your fabric.

## **SEAM ALLOWANCES**

#### Pattern pieces include the following seam allowances:

- · hem allowance 3cm
- · all other edges 1cm

Take this into account when laying out pattern pieces on the fabric.

#### The are two ways to prepare a garment for fitting:

- use a long machine stitch (4-5mm stitch length)
- baste by hand (approximately 1cm stitch length). Make sure to baste on a flat surface, like a table, don't leave the fabric unsupported.

If after basting one of the pieces ends up longer than the other, don't rush to trim the longer piece or stretch the shorter one. First make sure that the notches match, lay out the pieces on a flat surface and try basting again. If the pieces still don't match because they've stretched or there has been a cutting mistake, you can always trim the pieces after the fitting during the construction of the garment.

After assembling the garment, press it lightly, press the seams to one side or open.

What to look for during fitting? The right and left sides of the garment should look symmetrical.

Check the garment balance: side seams aligned vertically, princess seam placement, correctly positioned center front; strap length and placement.

The two sides of the button placket shouldn't be pulling open or overlap.

The hem should be straight, parallel to the floor. Evaluate the fit of the front and back while looking at the person from the side. Front and back should not be riding up or sagging. There should be no horizontal folds at the back, no pulling at the shoulder blade area and shoulders.

Check the side seams from the front and back. There should be no pulling or sagging at the sides.

Check the princess seam placement. The waistline seam should sit at the waistline, parallel to the floor. Check the length of the garment.

Check for issues caused by unique features of the person's body (for example, if the figure is asymmetrical, with one shoulder higher than the other, etc.)

Make sure there is enough ease for a comfortable fit.

After the fitting, make adjustments making sure the right and left sides are symmetrical, and then do another baste fitting if necessary.



We recommend testing your interfacing and/or seam tape on a scrap of fabric before applying it to the pattern pieces. Check the iron's settings including temperature and steam settings (check if it's safe to use steam on your main fabric). Check how long it takes for the interfacing to bond.