

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## ASEL PATTERN DESCRIPTION

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Asel is a semi-fitted dress with an accentuated waist. The front and back of the dress are lined. The front features bust darts transferred to the side seam and double waist darts. On the back, there are double waist darts and shoulder darts transferred to the neckline. The center back seam has an invisible zipper fastening on the top and a slit on the bottom. The long sleeve has two seams, the front seam ending with a slit. The shoulder line is slightly extended to accommodate shoulder pads. The neckline is round. Asel is below-the-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to VikiSews. You may use VikiSews patterns for personal use. It is prohibited to share VikiSews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use VikiSews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

Bust line ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm
8.5-9	4.4-4.6	6	5

## GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length accounting for shoulder pad, cm
1 (154-160)	112.8-114.4	66.7-68.7
2 (162-168)	116.6-118.4	68.6-70.6
3 (170-176)	120.6-122.4	70.5-72.5
4 (178-184)	124.6-126.4	72.4-74.3

## SUGGESTED FABRIC

To sew this dress, choose dress-weight woven fabrics with the following properties:

- Medium weight, flexible, breathable, soft, non-stretch or with very little stretch, opaque
- The fiber content can include natural fibers (wool, silk, cotton, linen), artificial (viscose), blends (wool + silk, wool+ polyester, cotton + viscose, etc), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: dress-weight wool or viscose, gabardine, dress-weight denim, dress-weight micro corduroy, modal, faux leather

**Attention!** We do not recommend stretchy knit materials and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester) or synthetic (polyester, polyester + elastane).

The dress in the photo is made of dress-weight wool. This fabric is medium weight, flexible, soft and has very little stretch. The fiber content is a blend of wool and elastane. The lining is viscose with elastane.

# TOOLS AND EQUIPMENT

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- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)
- Invisible zipper foot for your sewing machine

## PATTERN PIECES LIST

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### 1. From main fabric:

- Front - cut 1 on fold
- Back - cut 2
- Top sleeve - cut 2
- Bottom sleeve - cut 2

*IMPORTANT! Don't forget to transfer all pattern notches onto the fabric.*

### 2. From lining fabric:

- Front lining - cut 1 on fold
- Back lining - cut 2

### 3. From interfacing material:

Cut out 2 strips, 2cm wide, to interface the zipper seam allowances, 2 strips, 3cm wide, to interface the slit seam allowances, and 4 strips, 2cm wide, to interface the sleeve front seam allowance at the slit. The interfacing grainline runs parallel to the long side (along the selvedge of the fusible material).

## SEAM ALLOWANCES

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All pattern pieces include the following seam allowances:

- 3cm at the bottom of the garment
- 3cm at the bottom of the sleeves
- 1.5cm at the center back seam
- 1cm at all other edges

Take this into account when laying out pattern pieces on the fabric.

Before you apply interfacing to the main pieces of your garment, we recommend that you try and fuse a piece of the interfacing material and/or fusible seam tape to a scrap of the main fabric for testing. Please also check the iron settings: what temperature suits your fabric, whether or not the interfacing can be applied with steam, and the holding time needed for the interfacing to be fused to the main fabric.



**The pieces to be interfaced partially:**

- Back – 2 pieces

**The interfacing is to be applied:**

- To the center seam allowance, all along the invisible zipper – a 2cm wide strip of the interfacing material, equal in length to the length of the section to be interfaced
- To the center seam allowance, all along the slit – a 3cm wide strip of the interfacing material, equal in length to the length of the section to be interfaced



- Top sleeve - 2 pieces
- Bottom sleeve - 2 pieces

**The interfacing is to be applied:**

- To the front seam allowance of the sleeve, all along the slit – a 2cm wide strip of the interfacing material, equal in length to the length of the section to be interfaced

To apply the interfacing, join the wrong side of the main piece (or section of the main piece) with the fusible side of the interfacing piece and press. Make sure not to stretch the pieces with the iron. Use stamping movements rather than gliding: press the iron to the fabric, hold for some seconds, then move on to the next section of the garment piece. You can use a cotton pressing cloth to prevent the iron sole from sticking. To let the piece cool down and harden, leave it on a flat, hard surface for 15 minutes.