

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



IRIS PATTERN DESCRIPTION

Iris is a dress with a close-fitting bodice and a voluminous skirt. It features a shaped empire waist seam. The center part of the back bodice is shirred. The dress has adjustable spaghetti straps. There is a flounce at the bottom of the skirt. Iris is below mid-calf length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	0	78–98	67.1–88.6
inches	0	30 3/4–38 5/8	26 3/8–34 7/8

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	79	1 (5'1"–5'3")	31 1/8
2 (162–168)	82	2 (5'4"–5'6")	32 1/4
3 (170–176)	85	3 (5'7"–5'9")	33 1/2
4 (178–184)	88	4 (5'10"–6'1")	34 5/8

SUGGESTED FABRIC

To sew this garment, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, structured, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (cotton, linen), artificial fibers (viscose), blends (cotton + elastane, linen + silk, cotton + viscose, etc.)
- the following fabrics are recommended: dress-weight viscose, linen, poplin, sateen, silk, cotton shirting, dress-weight denim, challis.

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of shirting fabric. The fabric is thin, light to medium weight, opaque, and does not crease easily. The fabric content is a blend of cotton (40%) and polyester (60%).

Main fabric with a directional print/nap, 150 cm wide, cut on fold, in meters:

Height, cm	Sizes				
	34-36	38	40-46	48	50-52
1 (154-160)	2.39	2.42	2.58	2.6	2.64
2 (162-168)	2.46	2.5	2.65	2.7	2.7
3 (170-176)	2.52	2.6	2.73	2.77	2.77
4 (178-184)	2.6	2.67	2.8	2.82	2.82

Main fabric with a directional print/nap, 59" wide, cut on fold, in yards:

Height, ft	Sizes				
	34-36	38	40-46	48	50-52
1 (5'1"-5'3")	2 5/8	2 5/8	2 7/8	2 7/8	2 7/8
2 (5'4"-5'6")	2 3/4	2 3/4	2 7/8	3	3
3 (5'7"-5'9")	2 3/4	2 7/8	3	3	3
4 (5'10"-6'1")	2 7/8	2 7/8	3	3 1/8	3 1/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Stitched bias-cut fusible stay tape with stitch reinforcement, 1 cm (3/8") wide, for all sizes and heights:

Sizes	34	36	38	40	42	44	46	48	50	52
Length, m	1.27	1.35	1.41	1.46	1.52	1.58	1.64	1.7	1.75	1.8
Length, yd	1 3/8	1 1/2	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4	1 7/8	1 7/8	2

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.3 m (3/8 yd).

4. Two strap slide adjusters, 1 cm (3/8") wide.

5. Two strap rings for the ring tab, 1 cm (3/8") in diameter.

6. Elastic thread — 1 spool.

7. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

How? After applying the interfacing and fusible stay tape, we recommend basting the main construction seams (side seams, underbust seam), and then basting the front and back pieces. Baste the skirt flounce pieces in place. Baste the straps made of calico.

To ensure a good fit, it's important to properly assemble the garment for the first fitting, so pay attention to the notches. First pin the pieces at the notches and then between them, making sure the fabric is laying smoothly.

To baste the garment, use one of the following methods:

- machine-stitch (4–5 mm stitch length)
- hand-baste (approximately 1 cm [3/8"] stitch length).

Important! If the needle leaves visible holes in the fabric (silk, etc.), we recommend making a TOILE to check for fitting issues. In this case, there is no need for a fitting, except to check the lengths. We recommend testing on a scrap of fabric first to see whether your material is prone to be marked by needles.

If one of the pieces ends up longer than the other after basting, do not rush to true them by cutting off the excess. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste them together. If the pieces still don't match (i.e., they have stretched or there has been a cutting mistake), you can always true the pieces after the fitting as you sew.

After assembling the garment, press it lightly and press the seam allowances to one side or open.

What to look for during fitting?

The left and right sides of the garment should look the same.

Check the garment balance – the side seams should be vertical.

Evaluate the fit of the front and back while looking at the person from the side. The front and back should not be riding up or sagging.

Verify the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.).

Verify the garment volume, it may be reduced at the side seams.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Place the bust cup center and side panels right sides together. Pin along the long edge, baste, and then machine-stitch. Backstitch at the beginning and end.