

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



CARLA PATTERN DESCRIPTION

Carla is a pair of close-fitting trousers, flared from the knee down. The trousers do not have a waistband, the waist is finished with a facing. The front features side panels that imitate slash pockets. There are waist darts at the back. In place of the front waist darts, there are vents that serve as closures. The trousers close with buttons and buttonholes and are floor-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	2.2–2.4	- 2
inches	7/8–1	- 3/4

GARMENT LENGTH

Height, cm	Side seam length, cm	Height, ft	Side seam length, in
1 (154–160)	109.8–111.7	1 (5'1"–5'3")	43 1/4–44
2 (162–168)	113.9–115.9	2 (5'4"–5'6")	44 7/8–45 5/8
3 (170–176)	118.1–120.2	3 (5'7"–5'9")	46 1/2–47 3/8
4 (178–184)	122.4–124.4	4 (5'10"–6'1")	48 1/4–49

Finished hem width, for all heights

	34	36	38	40	42	44	46	48	50	52
cm	28.4	28.8	29.2	29.6	30	30.4	30.8	31.2	31.6	32
inches	11 1/8	11 3/8	11 1/2	11 5/8	11 3/4	12	12 1/8	12 1/4	12 1/2	12 5/8

SUGGESTED FABRIC

To sew these trousers, choose suiting fabrics with the following properties:

- medium-weight, pliable, soft, with good stretch
- the fiber content should include elastane or spandex and can also include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyamide)
- the following fabrics are recommended: wool suiting, gabardine.

Attention! We do not recommend fabrics without elastane or very stretchy materials (knits).

The trousers in the photos are made of wool suiting. The fabric is medium-weight, pliable, soft, with stretch. The fiber content is a blend of wool and elastane.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight interfacing, knit or woven, 140cm (55") wide, for all sizes and heights – 0.25m (1/4yd).
3. Stitch-reinforced fusible stay tape, 1cm (3/8") wide – 1.7m (1 7/8yd).
4. Eight buttons, 2–2.2cm (3/4–7/8") in diameter.
5. Matching thread – 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3mm, stitch length 2.5mm)
- buttonhole foot for the sewing machine
- edgestitch foot for the sewing machine (optional).

PATTERN PIECES LIST

1. From main fabric:

- front leg – cut 2
- back leg – cut 2
- side front – cut 2
- back facing – cut 1 on fold
- side front facing – cut 2
- center front facing – cut 1 on fold
- placket – cut 2.

Additionally, cut the following from interfacing:

- 2 strips, 2.5cm (1") wide and as long as the seam allowance for attaching the side front piece on the front leg
- 2 strips, 2×5cm (3/4×2") each, to interface the point of the dart used to construct the vent on the front leg.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From interfacing:

- back facing – cut 1 on fold
- side front facing – cut 2
- center front facing – cut 1 on fold
- placket – cut 2.

SEAM ALLOWANCES

Pattern pieces include the following seam allowances:

- hem allowance – 4cm (1 5/8")
- all other edges – 1cm (3/8").

Take this into account when laying out pattern pieces on the fabric.

What to check during the fitting?

Check the amount of ease at the waist, hips and knees, as well as the garment length and seat depth.

Check for fitting issues that might be caused by unique features of the person's body (for example, if the figure is asymmetrical, with one hip higher than the other, etc.).

The button placement shouldn't cause any pulling, folds, or creases.

Make sure there is enough ease for a comfortable fit.

After the fitting, make the necessary adjustments to both sides of the garment and do another baste fitting if necessary.



Shape the back leg piece by steam-pressing it.

Place the back leg pieces right sides together. Stretch the inseam edge between the notch and upper edge: stretch upwards by 1.5cm (5/8") and press. Then stretch the piece along the crotch seam edge between the inseam and center seam corner.



Working from the wrong side, pin the darts on the back leg pieces.