

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



KENDALL PATTERN DESCRIPTION

Kendall is a close-fitting long sleeve top. The front and back feature an asymmetrical shaped cutout that continues to the left sleeve and opens the shoulder. The ends of the asymmetrical neckline are bridged with a thin rouleau strap going around the left side of the neck. The garment has long, set-in, fitted sleeves. Kendall is below-the-waist length.



IMPORTANT!

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-11.8	3	-6.4	-1
inches	-4 5/8	1 1/8	-2 1/2	-3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm
1 (154-160)	53.1-55.8	58.2-59.9
2 (162-168)	54.6-57.3	60.2-61.8
3 (170-176)	56.2-58.9	62.2-63.8
4 (178-184)	57.7-60.4	64.2-65.8

Height, ft	Garment length at center back, in	Sleeve length, in
1 (5'1"-5'3")	20 7/8-22	22 7/8-23 5/8
2 (5'4"-5'6")	21 1/2-22 1/2	23 3/4-24 3/8
3 (5'7"-5'9")	22 1/8-23 1/4	24 1/2-25 1/8
4 (5'10"-6'1")	22 3/4-23 3/4	25 1/4-25 7/8

SUGGESTED FABRIC

To sew this long sleeve top, choose knit fabrics with the following properties:

- soft, breathable, very stretchy, medium weight
- the fabric you choose for this garment must contain either spandex or elastane; the fiber content can include natural fibers (cotton), artificial (viscose), blends (cotton + polyester, cotton + elastane, etc.), and synthetic (polyester, polyester + elastane)
- the following fabrics are recommended: rib knits, ribbing, double-knit fabrics, sweater knits.

Attention! Only stretchy fabrics can be used for making this long sleeve top.

The garment in the photo is made of ribbing. This fabric is medium weight and very stretchy. The fiber content is a blend of cotton and spandex.

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for construction and for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Coverstitch / coverlock machine for finishing the garment hem. If such a machine is not available, the garment hem can be finished with a twin needle on the sewing machine with a zigzag function
- Loop turner

***IMPORTANT!** For knit projects, we recommend using special sewing needles for stretchy knit fabrics (e.g. STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.*

PATTERN PIECES LIST

1. From main fabric:

- Front — cut 1
- Back — cut 1
- Right sleeve — cut 1
- Left sleeve — cut 1
- Rouleau strap — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances:

- 3cm (1 1/8") at the bottom of the garment
- 2cm (3/4") at the bottom of the sleeves
- 1cm (3/8") at all the other edges

Take this into account when laying out the pattern pieces on the fabric.

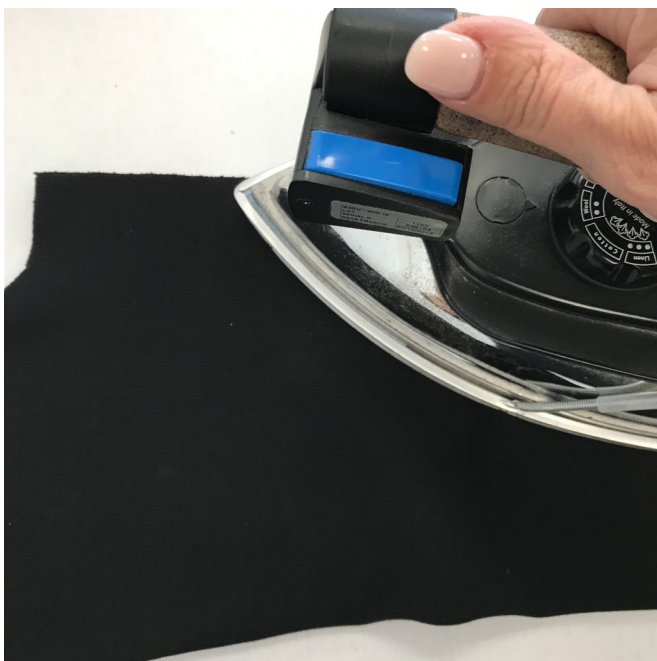


Staystitch along the following edges:

- the right sleeve cap
- the front and back armholes



Match the pieces with the pattern and adjust the length of the edge accordingly.



Fold the back piece right sides together, aligning the side edges. Press the edges, stretching them slightly. Shrink out the ease next to the fold by pressing. Keep the iron away from the fold itself. Unfold the back piece and shrink out its central part by pressing on the wrong side.