

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



LEORA PATTERN DESCRIPTION

Leora is a close-fitting dress with a sheath silhouette. The front is made up of two separate parts, the front bodice and the front skirt. The center front bodice seam is finished with two channels. The tie pulled through the channels shapes a bust gathering. The top edge of the front skirt is curved. The dress has long set-in fitted sleeves and a deep V-neckline. Leora is below-the-knee length.



IMPORTANT!

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TOTAL EASE ALLOWANCE

Bust line ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm	Bust line ease, in	Waistline ease, in	Hipline ease, in	Upper arm ease, in
(-10.1) - (-7.4)	2.3	-3	-1	(-4") - (-3")	1"	- 1 1/8"	- 3/8"

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length, cm	Height, ft	Garment length from waist down, in	Sleeve length, in
1 (154-160)	83	61.7	1 (5'1" - 5'3")	32 5/8"	24 1/4"
2 (162-168)	86	63.7	2 (5'4" - 5'6")	33 7/8"	25 1/8"
3 (170-176)	89	65.6	3 (5'7" - 5'9")	35"	25 7/8"
4 (178-184)	92	67.4	4 (5'10" - 6'1")	36 1/4"	26 1/2"

SUGGESTED FABRIC

To sew this dress, choose knit fabrics with the following properties:

- Medium weight, soft, breathable, malleable, stretchy (with elastane content)
- The fiber content can include natural fibers (wool, cotton), artificial (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: sweater knit, ponte di roma, knit fabrics, double-knit fabrics, rib knit fabrics

Attention! We do not recommend using lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of a double-knit fabric. The fabric is medium weight, malleable and stretchy. The fiber content is a blend of wool, viscose and elastane.

Main fabric, 160cm wide, in meters

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154-160)	1.24	1.27	1.71	1.71	1.71	1.72	1.78	1.81	1.83	1.85
2 (162-168)	1.28	1.28	1.74	1.74	1.74	1.78	1.83	1.86	1.88	1.9
3 (170-176)	1.32	1.32	1.73	1.74	1.78	1.83	1.88	1.91	1.93	1,95
4 (178-184)	1.36	1.4	1.8	1.8	1.85	1.93	1.94	1.96	1.98	2

Main fabric, 63" wide, in yards

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	50
1 (5'1" - 5'3")	1 1/4	1 1/2	1 3/4	1 3/4	1 3/4	2	2	2	2	2
2 (5'4" - 5'6")	1 1/2	1 1/2	2	2	2	2	2	2	2	2
3 (5'7" - 5'9")	1 1/2	1 1/2	2	2	2	2	2	2	2	2 1/4
4 (5'10" - 6'1")	1 1/2	1 1/2	2	2	2	2	2	2 1/4	2 1/4	2 1/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight fusible knit interfacing material, 140cm (55") wide, for all sizes and heights - 10cm (4").

Fusible straight grained seam tape as an alternative - 30cm (12").

3. Knit bias tape, 1.5 cm (5/8") wide - 1.5-2m (59" to 79"), depending on the size. The required length of the knit bias tape must be measured on the paper pattern. This type of ready-made bias tape is most often used in underwear making. It can be replaced with 1 cm (3/8") wide silicone tape.

4. Matching thread, 5 spools (1 spool for the sewing machine and 4 spools for the overlocker).



The pieces to be partially interfaced:

- Front shoulder seam allowances - 2 pieces. Use the strips cut out of fusible interfacing. The interfacing grainline runs lengthwise (cut on the grain). The interfacing strips are 1.5 cm (5/8") wide.
- Back neckline. A strip of fusible interfacing, 1.5cm (5/8") wide and 10cm (4") long, is applied to the center of the back neckline area. The interfacing grainline runs crosswise (along the weft threads).



To apply the interfacing, join the wrong side of the main piece (or section of the main piece) with the fusible side of the interfacing piece and press.

Make sure not to stretch the pieces with the iron. Use stamping movements rather than gliding: press the iron to the fabric, hold for some seconds, then move on to the next section of the garment piece. You can use a cotton pressing cloth to prevent the iron sole from sticking. To let the piece cool down and harden, leave it on a flat, hard surface for 15 minutes.

FITTING

First garment fitting

We recommend doing a first fitting for any garment.

For what purpose? The first garment fitting is intended to:

- Verify the balance of the garment (whether the side seams are vertical)
- Make sure the center front and center back lines do not ride up
- Adjust the volumes (only to reduce the volume and in case you didn't make a toile and didn't make any pattern modifications prior to cutting the fabric)
- Adjust the garment length and the sleeve length