

#43 Namaste (Leggings women)
size 32-56



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With #43 Leggings „Namaste“ you can look forward to your next sports unit relaxed.

The pants doesn't just have an extralong waistband that you can fold to the wished-for height but also a gathering at the backside center which offers a special view. The knot detail at the hem makes the style something even more special!

As the pattern is created without side seams, it is suitable especially for broad designs/patterns.

During our tryout sewing jersey knit revealed itself as most suitable choice of fabric. The waistband can also be made from jersey knit. If you prefer more elasticity at the waistband, you can use ribbing instead. Perhaps you need to reduce the width a little then.

The knot details at the hems are turned over with facing. It looks especially pretty if you use a combination fabric fitting in color.

If you want to sew the leggings with straight hems instead of the knot detail, I will show you in the following how to achieve it the easiest.

This pattern contains the sizes 32-56.

The instructions is very elaborate and rich in pictures to offer sewing beginners an easy start. Please read the instructions once completely before starting to sew!

I wish you a lot of fun sewing!

The materials you need:

For constructing the paper pattern parts, you need a printer, paper scissors, adhesive tape and a measuring tape.

To sew, you need apart from your sewing machine (serger and cover machine if available), jersey knit, ribbing if necessary, 0.5cm wide elastic ribbon/Framilon for the gathering on the backside center, fitting yarn, sewing needle, pinning needles or fabric clips, fabric scissors or rotary cutter and cutting mat.

It is recommended to pre-wash the fabric before using to prevent shrinking!

If necessary use tailor's chalk or fabric markers to transfer the pattern onto your fabric or to transfer other marks.

Of course, you can also add applications, plotter pictures or other embellishments.



Constructing your paper pattern parts:

First of all, print the pages for your pattern chart. Choose for printing the real size and control the check box with a measuring tape.

