

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## AUDREY PATTERN DESCRIPTION

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Audrey is a close-fitting dress with an accentuated waist. It features a waist seam, a square neckline, and it fastens with an invisible zipper in the center back seam. The front bodice is fitted with bust darts transferred to the side seams and waist darts. The back bodice is fitted with waist darts. The dress is finished with a free-hanging lining and is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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|        | Bust ease   | Waistline ease | Hipline ease |
|--------|-------------|----------------|--------------|
| cm     | 6.8–8.9     | 4.5–6.5        | 6–8.5        |
| inches | 2 5/8–3 1/2 | 1 3/4–2 1/2    | 2 3/8–3 3/8  |

# GARMENT LENGTH

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| Height, cm  | Back length from waist down, cm | Height, ft     | Back length from waist down, in |
|-------------|---------------------------------|----------------|---------------------------------|
| 1 (154–160) | 44                              | 1 (5'1"–5'3")  | 17 3/8                          |
| 2 (162–168) | 47                              | 2 (5'4"–5'6")  | 18 1/2                          |
| 3 (170–176) | 50                              | 3 (5'7"–5'9")  | 19 5/8                          |
| 4 (178–184) | 53                              | 4 (5'10"–6'1") | 20 7/8                          |

# SUGGESTED FABRIC

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To sew this dress, choose dress-weight and suiting fabrics with the following properties:

- medium weight, easily pressed and steamed, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (wool, cotton, linen), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: corduroy, gabardine, jacquard, suede, leather, linen, tweed, eyelet fabric

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), natural fibers (cotton, cotton + elastane), and synthetics (polyester, polyester + elastane).

The dress in the photo is made of linen with cotton. The fabric is medium weight, soft, with very little stretch and presses well. The fiber content is linen + cotton + tencel.

The lining is 100% cotton.

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

3. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 4.1 m (4 1/2 yd)
4. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights
5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine

## PATTERN PIECES LIST

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### 1. From main fabric:

- front bodice — cut 1 on fold
- front skirt — cut 1 on fold
- back bodice — cut 2
- back skirt — cut 2

### 2. From lining fabric:

- front bodice — cut 1 on fold
- front skirt — cut 1 on fold
- back bodice — cut 2
- back skirt — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- outer garment hem allowance — 3.5 cm (1 3/8")
- lining hem allowance — 1.5 cm (5/8")
- center seam allowances on the back bodice piece — 1.5 cm (5/8")
- center seam allowances on the back skirt piece — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.

**Important!** If the needle leaves visible holes in the fabric (leather, suede, denim, etc.), we recommend making a TOILE first in order to check the fit and evaluate possible issues. In this case, there is no need for a fitting, except to check the lengths. We recommend testing on a scrap of fabric first to see whether your material is prone to be marked by needles.

If one of the pieces ends up longer than the other after basting, do not rush to true them by cutting off the excess or stretching the shorter piece. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste them together. If the pieces still don't match in length because they have stretched or there has been a cutting mistake, you can always true the pieces after the fitting, during the construction of the garment.

After assembling the garment, press it lightly and press the seam allowances either to one side or open.

### What to look for during fitting?

The left and right sides of the garment should look the same.

Verify the garment balance: the side seams, center back and front lines should be vertical, the shoulder seams should lie on the natural shoulder line.

The garment hem should be parallel to the floor.

Evaluate the side view of the front and back of the garment (look at the person sideways). The front and back should not sag or ride up. There shouldn't be any horizontal wrinkles across the back or any tension across the shoulder blades and shoulders.

Evaluate the side seams from the front or back. The garment sides should not sag or ride up.

Check the size and placement of the darts. The tip of the bust dart should point towards the bust apex but not go over it.

Verify the garment length.

Check for fit issues associated with individual features of the body (for example, an asymmetrical figure with shoulders at different levels, etc.).

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Pin each dart on the wrong side of the front and back bodice pieces and the front and back skirt pieces.