

FROM THE FOUNDER OF THE #VIKISEWS BRAND

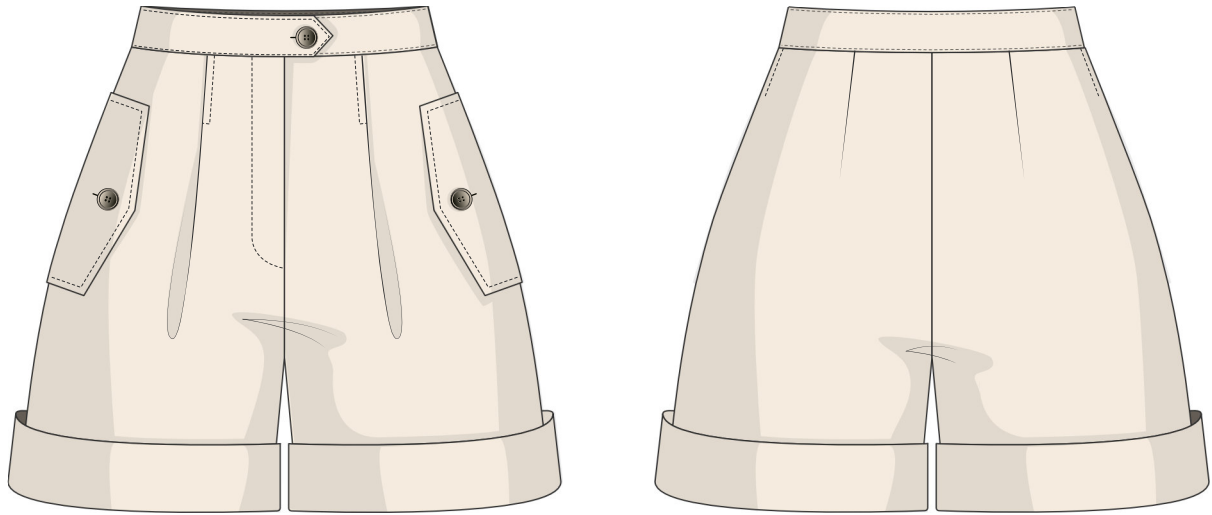


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



RUTH PATTERN DESCRIPTION

Ruff is a pair of straight-cut, semi-fitted shorts with front pleats at the waistline and side seam pockets with flaps. The back is fitted with waist darts. The waistband has a V-shaped overlap at the front and fastens with a hook and bar on the inside. The shorts feature cuffs at the bottom and close with a fly front zipper. The waistband and pocket flaps close with buttons and buttonholes. The upper edge of the waistband sits at the natural waistline. The waistband, upper section of the side seams, pleats and flaps feature decorative topstitching. The garment is mid-thigh length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	5	20.7–21.4
inches	2	8 1/8–8 3/8

GARMENT LENGTH

Height, cm	Side seam length including waistband, cm	Height, ft	Side seam length including waistband, in
1 (154–160)	38.6–50.1	1 (5'1"–5'3")	15 1/4–19 3/4
2 (162–168)	41.4–50.1	2 (5'4"–5'6")	16 1/4–19 3/4
3 (170–176)	44.2–50.1	3 (5'7"–5'9")	17 3/8–19 3/4
4 (178–184)	47–50.1	4 (5'10"–6'1")	18 1/2–19 3/4

FINISHED HEM WIDTH

Size	34	36	38	40	42	44	46	48	50	52
Width, cm	33.95–34.45	34.8–35.4	36.35–37.75	36.65–37.3	37.7–38.35	38.5–39.3	39.4–40.25	40.35–42.05	41.2–42.05	42.05–42.95
Width, in	13 3/8–13 5/8	13 3/4–13 7/8	14 1/4–14 7/8	14 3/8–14 5/8	14 7/8–15 1/8	15 1/8–15 1/2	15 1/2–15 7/8	15 7/8–16 1/2	16 1/4–16 1/2	16 1/2–16 7/8

SUGGESTED FABRIC

To sew the shorts, choose suiting fabrics with following properties:

- medium weight, soft, non-stretch, structured
- the fiber content can include natural fibers (wool, cotton, linen, silk), artificial fibers (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: denim, fine wale corduroy, cotton, linen

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

Main fabric, 150 cm wide, cut in one direction, in meters:

Height, cm	Sizes						
	34-36	38	40-42	44	46-48	50	52
1 (154–160)	0.86	0.99	0.99	0.99	1.06	1.09	1.09
2 (162–168)	0.89	1	1.02	1.02	1.13	1.15	1.15
3 (170–176)	0.95	0.95	1.05	1.07	1.19	1.19	1.21
4 (178–184)	1	1	1.09	1.11	1.26	1.26	1.27

Main fabric, 59" wide, cut in one direction, in yards:

Height, ft	Sizes						
	34-36	38	40-42	44	46-48	50	52
1 (5'1"–5'3")	1	1 1/8	1 1/8	1 1/8	1 1/8	1 1/4	1 1/4
2 (5'4"–5'6")	1	1 1/8	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4
3 (5'7"–5'9")	1	1	1 1/8	1 1/8	1 1/4	1 1/4	1 3/8
4 (5'10"–6'1")	1 1/8	1 1/8	1 1/4	1 1/4	1 3/8	1 3/8	1 3/8

2. Lining fabric, 140 cm (55") wide, for all sizes and heights — 0.31 m (3/8 yd)

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight fusible knit or woven interfacing, 140 cm (55") wide — 0.25 m (1/4 yd)

4. Stitched fusible stay tape, 1 cm (3/8") wide — 2 m (2 1/8 yd)

5. One 24 cm (9 1/2") long zipper for all sizes and heights

6. Three buttons, 2–2.3 cm (3/4–7/8") in diameter

7. One metal bar

8. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

9. Matching topstitching thread (for example, Madeira №35) — 1 spool

To ensure a well-fitting garment, it's important to properly assemble it for the fitting, so pay attention to the notches. First pin the pieces at the notches and then between them, making sure the fabric is laying smoothly.

To baste the garment, use one of the following methods:

- machine-stitch (4–5 mm stitch length)
- hand-baste (approximately 1 cm [3/8"] stitch length).

Important! If the needle leaves visible holes in the fabric (silk, chiffon, crepe de chine, etc.), we recommend making a TOILE first in order to check the fit and evaluate possible issues. In this case, there is no need for a fitting, except to check the lengths. We recommend testing on a scrap of fabric first to see whether your material is prone to be marked by needles.

If one of the pieces ends up longer than the other after basting, do not rush to true them by cutting off the excess or stretching the shorter piece. First make sure that the notches are properly matched, lay the pieces on a flat surface and try to re-baste them together. If the pieces still don't match in length because they have stretched or there has been a cutting mistake, you can always true the pieces after the fitting, during the construction of the garment.

After assembling the garment, press it lightly and press the seam allowances either to one side or open.

What to look for during fitting?

The left and the right sides of the garment should look the same.

Check the balance of the garment: the side seams should be vertical. Check the waistband and hip volume of the garment, its length, crotch depth.

The fabric shouldn't be tightened and thus forming diagonal folds and wrinkles where the fly opening is placed.

Verify the garment volume, there should be enough ease for a comfortable fit.

After the fitting, mark changes symmetrically to both sides of the garment; if needed, baste once more for another fitting.



Pin, baste and machine-stitch the back darts going from the wide end to the dart apex.

Pin, baste and machine-stitch the front pleats.