

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## CYNTHIA PATTERN DESCRIPTION

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Cynthia is an oversized loose fit blouse. The back yoke is lined and forms part of the front panels. There's an inverted box pleat at the back. This blouse has a classic collar with stand and a center front placket with buttonholes. It features a dropped shoulder and a long sleeve, which has pleats and a slit at the bottom and is finished with a buttoned cuff. The slit is finished with a tower placket. The hem is uneven, being higher at the front and longer at the back. The length of this blouse is mid-thigh.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to VikiSews. You may use VikiSews patterns for personal use. It is prohibited to share VikiSews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. You may use VikiSews patterns for commercial use, to sew custom-made garments and/or create garment collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

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Size	34	36	38	40	42	44	46	48	50	52
Bust ease, cm	48.7	46.7	44.6	42.6	40.6	38.6	36.6	34.7	32.7	30.7
Waistline ease, cm	67.7	65.7	63.7	61.7	59.7	57.7	55.7	53.7	51.7	49.6
Hipline ease, cm	40.2	38.1	36.1	34.1	32	30	27.9	25.9	23.8	21.8
Upper arm ease, cm	23.9	23	22.1	21.2	20.3	19.4	18.5	18	17.5	17

## GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Garment length at center back, cm	Sleeve length including shoulder width and cuff, cm
1 (154-160)	76.3	73.2-74.0
2 (162-168)	79.3	75.3-76.1
3 (170-176)	82.2	77.3-78.2
4 (178-184)	85.2	79.3-80.2

## FABRIC RECOMMENDATIONS

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To make this blouse choose shirting or dress weight fabrics with the following properties:

- Medium weight, with good drape, breathable, soft, non-stretch or with very little stretch, opaque
- The fiber content can include natural fibers (wool, silk, cotton, linen), artificial (viscose), blends (Tencel + cotton, cotton + polyester, cotton + viscose, etc) and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: shirting, dress weight cotton, linen, poplin, lightweight denim, cupro, viscose, modal, babycord

**Attention!** We do not recommend stretchy knit materials and lightweight sheer fabrics (chiffon, organza, stretch lace).

The blouse on the photo is made with shirting fabric. This fabric is medium weight, soft, has good drape and a very little stretch. The fiber content is 100% cotton.

# PATTERN PIECES LIST

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## 1. From the main fabric:

- Front – cut 2
- Back – cut 1 on fold
- Back yoke – cut 2
- Sleeve – cut 2
- Collar stand – cut 2
- Collar – cut 2
- Cuff – cut 2
- Sleeve tower placket – cut 2

***IMPORTANT!** Don't forget to transfer all pattern marks and notches to your fabric.*

## 2. Interfacing:

- Cuff – cut 2
- Collar – cut 2
- Collar stand – cut 2
- Sleeve tower placket – cut 2

You will also need to cut 2 interfacing strips 7.5cm wide for stabilizing button placket areas of the front pieces. Check your printed pattern pieces to determine the length of the strips. Make sure that strips are cut on the grain (along the selvedge edge of the interfacing material).

# SEAM ALLOWANCE

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1cm seam allowances are included in your pattern.



On the wrong side of the front piece turn in 1cm of the placket seam allowance and press.



Then make a further fold 3.5cm wide on to the wrong side and press.



Turn lower edge of front placket to outside along fold line, keeping bottom edges even. Stitch 1cm above the raw hem edge.