

About the Centli Sweater by Télabeja

The Centli sweater is a sweater designed to sit snugly around the waist, providing a comfortable and flattering fit at the same time. You can sew three different versions with and without the boning, summing up to 6 different possibilities for sewing the Centli sweater. Version X has a round neckline, version Y has a turtle neck with a zipper in the front and version Z has a hoodie. You can also choose to omit the sleeves and make a cute vest. In addition, you can sew the turtleneck without a zipper, making for a total of 8 different designs. It is also easily hackable into a dress!

Corset Style

Normal Style

Version X
(sizes A-I)



Version Y
(sizes A-I)



Version Z
(sizes A-I)



This sweater is meant to be sewn with stretchy fabrics such as french terry, sweat, stretchy fleece, teddy or other knit fabrics. Make sure to wash and dry your fabric before using it to reduce the risk of the fabric shrinking after sewing your garment.

About the name: Centli is Nahuatl for 'corn' and also stands for Centeotl, the god of fertility and growth. Corn is one of the oldest known food grains. The oldest corn was found in Oaxaca, Mexico, and is over 6000 years old! There are over 60 different kinds of corn. It is also believed that Mexico is home to the largest number of maize varieties; white, blue, fat, sweet, small, yellow, ... and so on! Making 60 versions for the Centli Sweater was a bit ambitious, but I think 6 versions are a good start in terms of variety :)

I would love to see your Centli Sweater versions on Instagram, feel free to tag me @telabeja and use the hashtag #telabeja and #CentliSweater or send it to me via e-mail to contact@telabeja.com.

Size Guide and Measurements

SIZE GUIDE

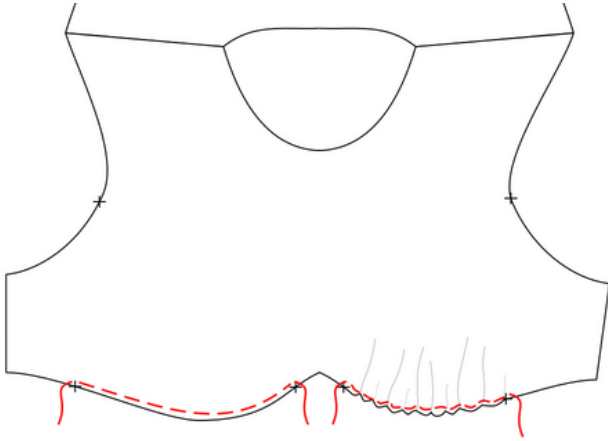
Measurements in centimetres	A	B	C	D	E	F	G	H	I
Bust	76 – 80	80 – 84	84 – 88	88 – 92	92 – 96	96 – 100	100 – 104	104 – 108	108 – 112
Waist	58 – 62	62 – 66	66 – 70	70 – 74	74 – 78	78 – 82	82 – 86	86 – 91	91 – 95
Measurements in inches	A	B	C	D	E	F	G	H	I
Bust	30 – 31.5	31.5 – 33	33 – 34.5	34.5 – 36	36 – 37.5	37.5 – 39.5	39.5 – 41	41 – 42.5	42 – 44
Waist	22.8 – 24.4	24.4 – 26	26 – 27.6	27.6 – 29.1	29.1 – 30.7	30.7 – 32.3	32.3 – 33.9	33.8 – 35.8	35.8 – 37.4

FINISHED GARMENT MEASUREMENTS

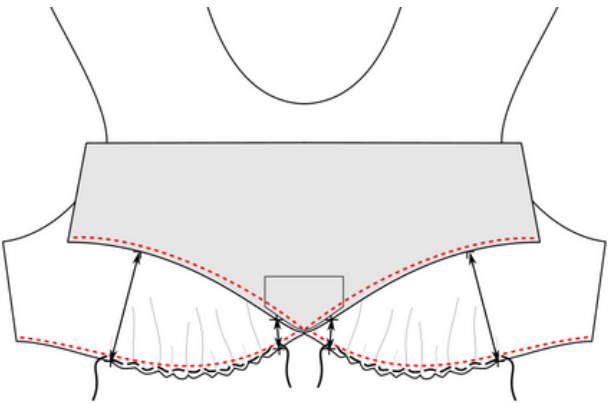
Measurements in centimetres	A	B	C	D	E	F	G	H	I
Sleeve Length	52.3	53	53.7	54.4	55.1	55.8	56.5	57.2	57.9
Bust	85.6	89.3	93	96.8	100.6	104.4	108.2	112	115.8
Waist*	56	60	64	68	72	76	80	84	88
Measurements in inches	A	B	C	D	E	F	G	H	I
Sleeve Length	20.6	20.9	21.1	21.4	21.7	21.9	22.3	22.5	22.8
Bust	33.7	35.2	36.6	38.1	39.6	41.1	42.6	44.1	45.6
Waist*	22	23.6	25.2	26.8	28.3	30	31.5	33.1	34.6

*Note: This pattern is designed with negative ease on the waist for a tight fit. For choosing the right fabric, please consult the stretch guide on page 5.

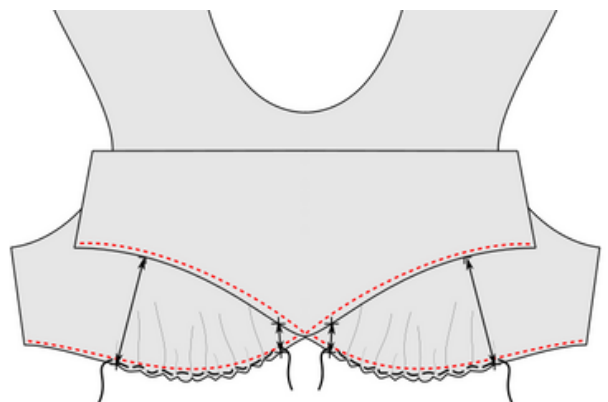
Sewing Instructions



Step 4: Gather the front piece between the indicated notches using the longest straight stitch on your sewing machine.



Step 5: Sew the front waistband piece with the iron-on interfacing to the front piece right sides together. Do so by aligning the notches on the front piece and front waistband.



Step 6: Sew the other front waistband piece to the front piece, but this time with the waistband's right side facing the wrong side of the front piece. This way, the front piece will be sandwiched between both front waistband pieces.