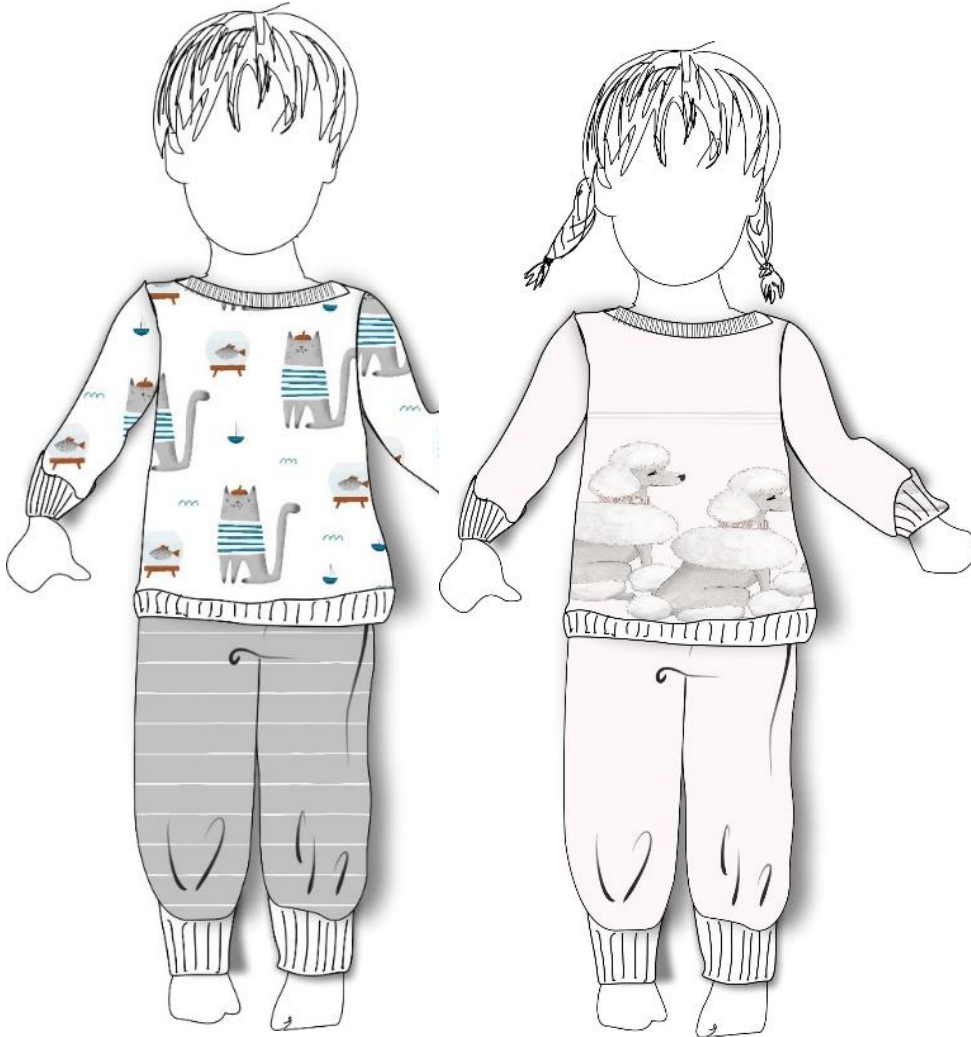
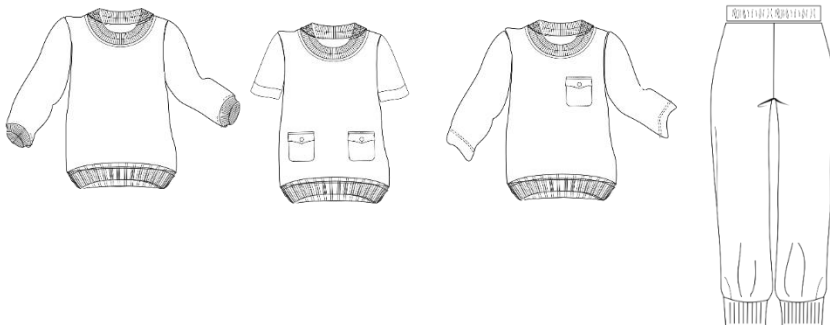


PJ Anna + Rüdiger

Instruction Shirt long sleeve with cuff



Sectional drawing :



#anna #rüdiger

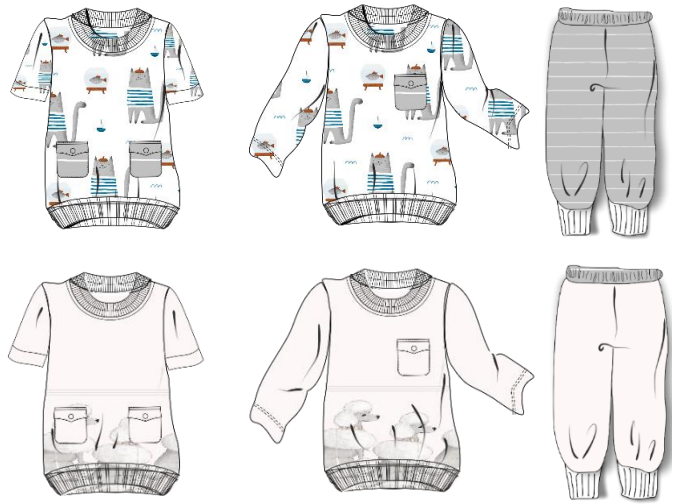
Art.-Nr: 10-K-14

Size: 80-170

Level:



Sewing instructions - pattern



Shopping List Shirt Anna + Rüdiger

Material

Jersey, French Terry

Cuff fabric for neckline (Jersey also works)

Trouser elastic 2,5-3cm wide 1x waist length

Shirt

Size	Consumption	Cuff 14cm wide
80-86	0,45m	0,60m
92-98	0,50m	0,62m
104-110	0,50m	0,65m
116-122	0,55m	0,65m
128-134	0,60m	0,70m
140-146	0,60m	0,70m
152-158	0,65m	0,70m
164-170	0,90m	0,80m

Pants

Size	Consumption	Cuff 14cm wide
80-86	0,50m	0,42m
92-98	0,60m	0,46m
104-110	0,70m	0,48m
116-122	0,75m	0,55m
128-134	0,85m	0,58m
140,146	0,90m	0,60m
152-158	1,00m	0,66m
164-170	1,05m	0,70m

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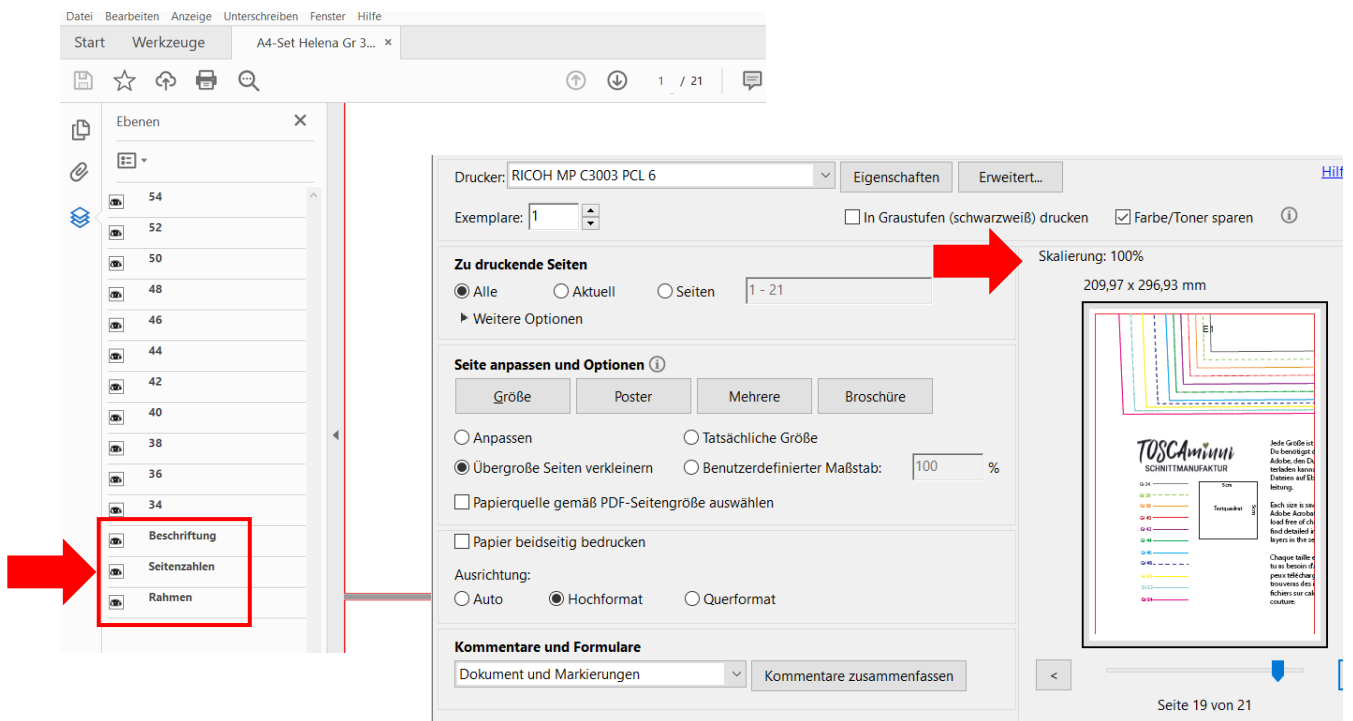
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Cut on layers

Each size is saved on its own layer. This makes it possible to show only the sizes you actually want to print. For this function you need **Acrobat Reader**, which you can download free of charge from the Internet.

Click on the layer symbol in Acrobat. Reader and hide or show sizes as desired. Make sure that the fields "Label" and "Frame" are active. Make sure that the layers "Label" - "Page numbers" and "Frame" are clicked.



Print out the cut and glue it together:

Every printer is slightly different. On our printer (Rico model) we have selected the setting "reduce oversized pages" - the scaling is 100%. Your printer may have a different setting. Therefore, first print only the first page with the test square and check if the print setting is correct - the test square must be 5x5cm, there should be a frame with a glue margin about 1cm. Blank pages have been removed. Use the gluing plan + page numbering as a guide when gluing together.

Tips for beamer users:

Improve contrast when projecting on dark fabrics by making the following setting:

File / Edit / Settings / Accessibility (or shortcut Ctrl+K)

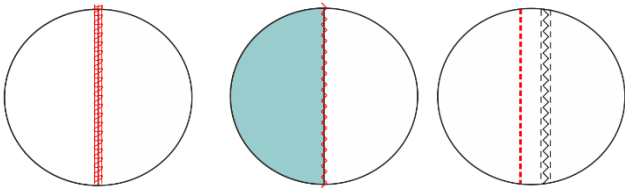
- activate the check mark "Replace document colours"
- deactivate the checkmark "Change colour of black text or vector graphics only".



Set the sewing machine to "jersey compatible":

Sewing with the overlock

The easiest way to sew is with an overlock. Make sure you set your overlock differential correctly to prevent the jersey from curling.



A great [>>Video](#) by the way, you can find this at Makerist

If you are sewing with a sewing machine, we recommend that you first sew the seams with a small backstitch (length 2-2.5) and then overcast both layers with an overlock stitch.

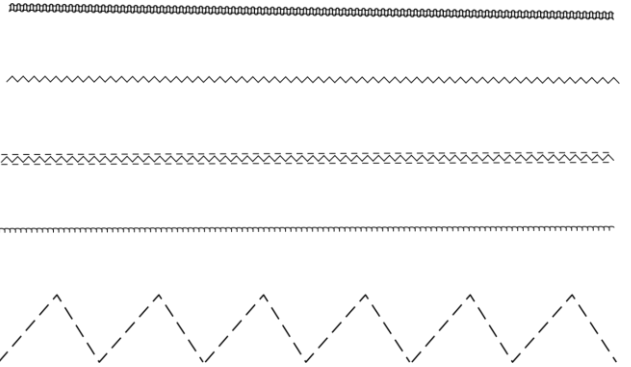
Sewing with the sewing machine

There are also sewing machine feet that have a small cutter built in and also cut the fringe. For jersey you should use an elastic stitch. There are many elastic stitches available with the sewing machine.

Make sure you use the right needles, there are special needles for jersey.

If you don't have an overlock, you can overcast the fabric with a zigzag stitch.

Your sewing machine probably has stitches like this or similar. The triple zigzag stitch is great for elastic hems and for sewing underwear - it is very decorative and durable with the right thread.

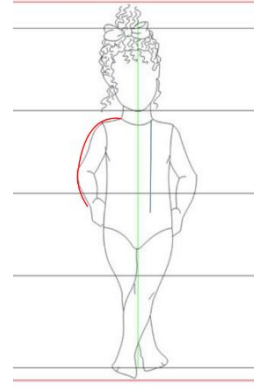


Do you know the top feed foot?

Top feed feet are popular for sewing velvet, plaid or striped fabrics so nothing shifts.

What may not be so well known, it is also great for jersey. With a top feed foot, both the bottom layer of fabric and the second layer on top are fed evenly and so the jersey does not curl.





Find the right size

Determine the size of the child:

Place your child slightly leaning against a wall. Place a book on the head and mark the height on the wall. You can use the mark to measure and you will know how tall your child is.

Sizing chart girls (+boys up to size 110)

Size	80	86	92	98	104	110	116	122	128	134	140
Bust	50,5	54	55	56	57	58	60	62	64	66	69
Hip size	52	53	55	57	59	61	63	66	69	72	75

Size	146	152	158	164	170
Bust	72	75	78	82	86
Hip size	78,5	82	85,5	89	92,5

The measurements of girls and boys differ from size 116 onwards

Size chart boys from size 116)

Size	116	122	128	134	140	146	152	158	164	170
Bust	61	63	66	69	72	75	78	81	84	88
Hip size	63	65	68	71	74	77	80	84	88	92

Information on fit / work preparation

With an ebook or a paper pattern, no matter what brand, you buy a ready-to-wear pattern. This means that you have to adapt your own measurements to this cutting system.

Cut Fitting Guide

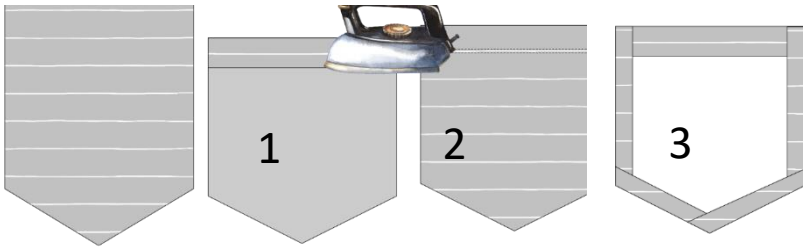
The child's sizing chart mainly "grows" with the child's height. It may well be that your child is between two or more sizes, this is quite normal. In this case you will have to adjust the cut, here is an example:

Your child is 96cm tall, bust 53, hips 55, so your child is between just 80 and tending towards 98. Choose the size 92 that your child needs in terms of body width (hips) and lengthen the pattern to size 98. It is best to draw the changes directly on the pattern. You will have to take away width at the bust.

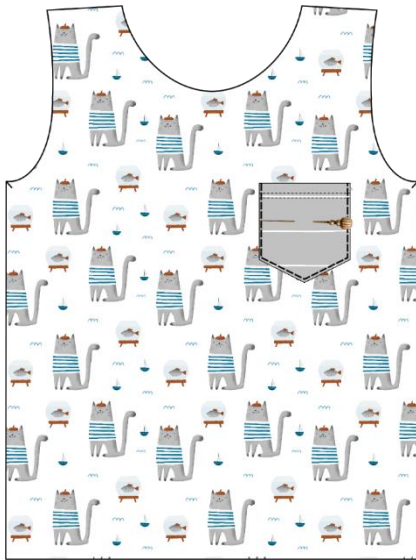
Size	80	86	92	98	104	110	116
Bust	50,5	54	55	56	57	58	60
Hip size	52	53	55	57	59	61	63



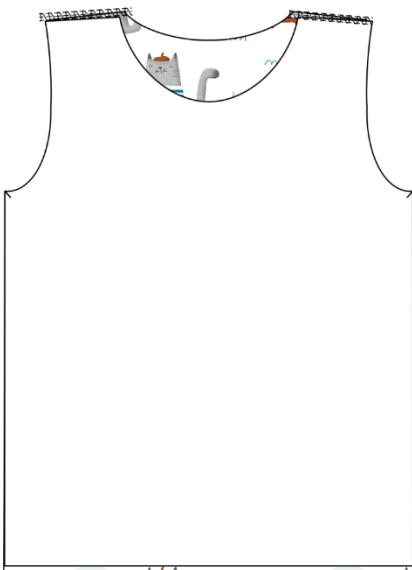
Sew pocket



- Iron interfacing onto pocket
- Press the fold of the pocket to the left
- Topstitching
- Press seam allowances of the pocket 1cm to the wrong side



- Pin the pocket to the desired position and sew it on.



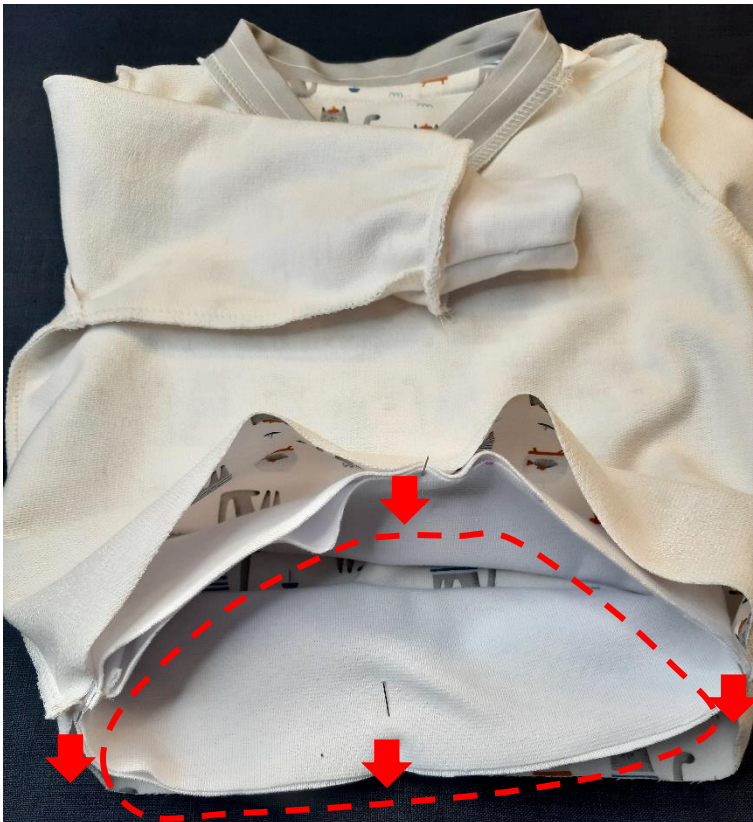
Before sewing on the neckband, check that your child's head can slip through comfortably - now you can adjust everything without any problems - if you widen the neckline, remember that the cuff also needs to be recalculated.





Finally, sew cuffs to the sleeves and hem:

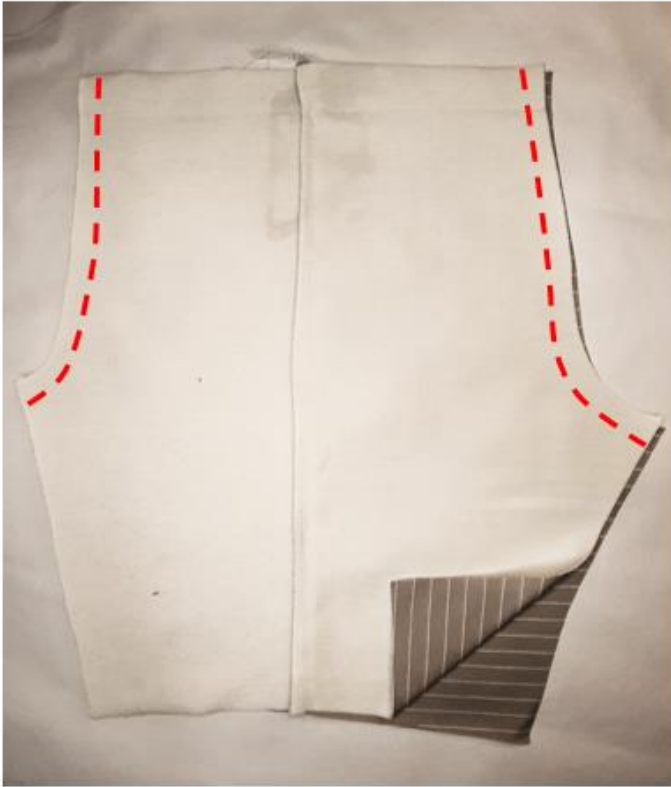
- Close cuff to ring
- Lay in half / mark in quarters - mark sleeve hole and hem in quarters as well Pin the cuffs at the marked points - the shirt is turned inside out,
- the nice sides are on the inside.
- Sew the cuffs stretched so that they reach the width of the sleeve hole and hem.
- Sew on the inside



Repeat the steps for the hem.
Your shirt is now ready ☺

We continue with the pants



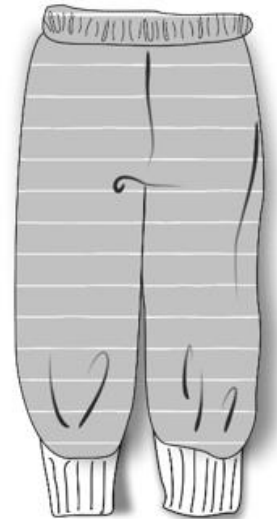
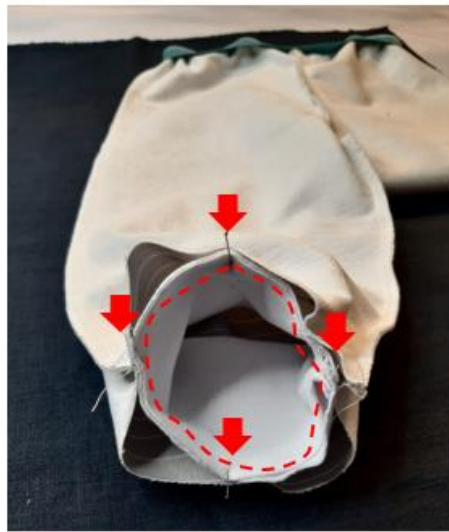
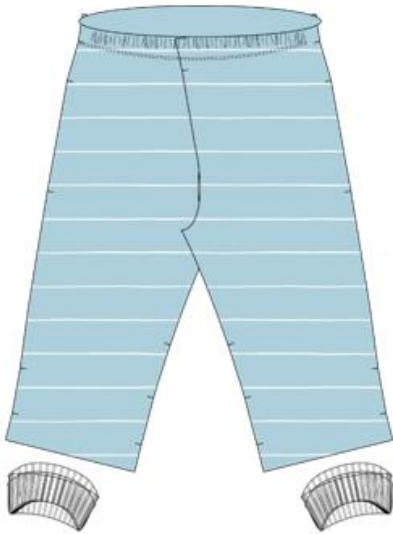


Sew the centre front and centre back seams, right sides together.



Sew the inner leg seam.
Next we sew the elastic waistband.

- Sew cuffs for the hem finishes to the ring.
- Fold in half and fold in half again lengthwise.
- Mark the cuffs in quarters, as well as the trouser leg.
- Turn trousers wrong side out and pin or staple the cuff to the trouser leg using the markings. Sew the stretched waistband to the trouser leg so that it reaches the width of the trouser leg.
- Sew on the inside of the trouser leg.



Congratulations, you did it and you can be proud of yourself!

We would be pleased if you mark your works so that we can admire them.

Hashtag: #toscaminni

Are you on Makerist?

You can also show your work here in the [>>sewing show](#) - we would be happy if you link us here and rate the pattern.

Impressum:

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