

## sewing epiplfanies

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## Descripfion

Serenity is a vintage-inspired dress for EU sizes 32-60 (referred to as 0-14 in my pattern). The pattern is made for knit fabrics.

You can choose between short and long sleeves (either gathered or normal), dress or shirt length. Serenity is compatible with my pattern Harmony, you can mix and match all elements.

The pattern is designed for a height of $168 \mathrm{~cm}\left(5^{\prime} 6^{\prime \prime}\right)$. You can lengthen or shorten the pattern as described in the adjustement chapter. Also included is a tutorial on how to adjust for bigger or smaller cup sizes, the pattern is drafted for a B/C cup.

## Sewing skills

Thanks to the detailed instructions, even as a skilled beginner you can take on the adventure of sewing your Serenity.


|  | $\mathbf{0}$ | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Bust cm | $77-81$ | $82-85$ | $86-89$ | $90-94$ | $95-97$ | $98-101$ | $102-105$ | $106-111$ |
| Waist cm | $60-63$ | $64-67$ | $68-70$ | $71-74$ | $75-78$ | $79-82$ | $83-86$ | $87-90$ |
| Hips cm | $86-89$ | $90-93$ | $94-96$ | $97-99$ | $100-102$ | $103-105$ | $106-108$ | $109-113$ | | Bust cm | $112-117$ | $118-123$ | $124-130$ | $131-141$ | $142-147$ | $148-153$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Waist cm | $91-97$ | $98-103$ | $104-111$ | $112-118$ | $119-125$ | $126-131$ |

Your upper arm and wrist measurements are very individual, therefore choose the cuff length for the gathered sleeve according to the following chart.

If in doubt, take the smaller size:

|  | $\mathbf{0}$ | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Cuffs, upper arm, cm | 28 | 29 | 29.8 | 31 | 32.4 | 33.6 | 35 | 36.3 |
| Cuffs, wrist, cm | 22 | 22.4 | 22.8 | 23.4 | 23.8 | 24.2 | 24.8 | 25.2 |


|  | $\mathbf{8}$ | $\mathbf{9}$ | $\mathbf{1 0}$ | $\mathbf{1 1}$ | $\mathbf{1 2}$ | $\mathbf{1 3}$ | $\mathbf{1 4}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Cuff, upper arm, cm | 38.2 | 40 | 42 | 44.1 | 46.1 | 48 | 50 |
| Cuff, wrist, cm | 25.8 | 26.6 | 27.2 | 28.2 | 28.9 | 29.4 | 30 |

## Fivished gamment measumements

|  | $\mathbf{0}$ | $\mathbf{1}$ | $\mathbf{2}$ | $\mathbf{3}$ | $\mathbf{4}$ | $\mathbf{5}$ | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | $\mathbf{1 0}$ | $\mathbf{1 1}$ | $\mathbf{1 2}$ | $\mathbf{1 3}$ | $\mathbf{1 4}$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Bust | 76 | 80 | 84 | 88 | 92 | 96 | 100 | 104 | 110 | 116 | 122 | 134 | 140 | 146 | 152 |
| Waist | 62 | 65 | 68 | 72 | 76 | 80 | 84 | 88 | 94.5 | 101 | 107.5 | 120.5 | 127 | 133.5 | 140 |
| Hips | 86 | 90 | 94 | 97 | 100 | 103 | 106 | 109 | 114 | 119 | 124 | 134 | 139 | 144 | 149 |

## How to clroose your size

Every Person is individual and beautiful, it's normal that you need to adjust a pattern to fit you well. You might need different sizes for bust, waist and hips. How to do this is described on the next page. Depending on the stretch of the fabric you might need a smaller size, the pattern is drawn for stable knits.

## Fabrics

Knit fabrics like cotton knit, french terry, cotton spandex, rayon spandex.
Flowy soft knits are especially nice for Harmony.

