

15 Make a binding Place the long strip of binding on the ironing board. Press each of the seam allowances open at the points where the strips are joined. Then fold the binding wrong sides together down the centre and press.



16 Place the folded binding on top of the right side of the mat, two-thirds of the way along the top edge, so the raw edges of the binding line up with the raw edges of the quilt. Leave a 5" (10cm) 'tail' loose at the beginning, then hold the binding in place with pins or clips.



17 Insert a pin $\frac{1}{4}$ " (6mm) in from the first corner. Machine stitch $\frac{1}{4}$ " (6mm) in from the raw edges. Stitch as far as the pin, then take out the pin and make the final stitch at the spot where the pin was inserted. Then lift the presser foot lever, swing the work round on the needle and stitch straight out to the corner at a 45 degree angle to the previous line of stitching, as shown in the photo.



18 Take the work out of the sewing machine.

Now fold the long free end of the binding upwards as shown.



19 Next, fold the long end back down again on itself, enclosing the 45-degree angle fold. The top fold indicated with the white arrow should align with the raw edges of the previous side.

Put the work back in the machine and, beginning at the fold, stitch down the next side of the quilt.

Repeat steps 17-19 three more times. Stop stitching at a distance of about 7" (18cm) from where you started.

