

The Syndicate *a sleeping eye mask*



A soft fabric mask to block out light and let travelers, light sleepers, and glamour girls snooze in style. View A has a quilted lining and ribbon ties, and view B a solid lining with elastic.

suggested fabrics

Lightweight woven fabrics for the mask, and felt, fusible fleece or cotton batting for the interlining. Avoid fabrics that are sheer, stretchy, drapey, heavyweight or with pile.

finished dimensions

8" wide and 3" tall

preparation & construction notes

- Set scaling to "none" in properties when printing this pattern.
- Measure the 1" x 1" test square before you cut the pattern to make sure it has printed correctly.
- Cut out patterns along solid black lines. If necessary, tape pattern pieces together at dashed lines, matching pattern name and letters/numbers.
- "Self" fabric refers to the main fabric or outside fabric for your project.
- Yardage listed in "materials needed" assumes fabric at least 44" wide. You will need extra yardage to match stripes, plaids, or large motifs like paisleys or florals.
- Press the self, lining, and accent fabrics to remove any wrinkles, *before* laying out the pattern or applying interfacing.
- Use a lightweight, woven fusible interfacing like Pellon brand Shape-Flex (SF101).
- Make sure the grainline arrow on the pattern is parallel with the selvage when laying out the pattern on fabric.
- The dotted lines on the pattern mark the center and true bias. Use them to align with motifs on printed fabrics.
- Patterns that must be cut on the fold are clearly marked. Align the straight edge of the pattern with the folded edge of the fabric. The fold is also the center of the pattern.
- There are three great ways to accurately cut fabric: (1) pin patterns to fabric and cut out with scissors (2) use pattern weights and a rotary cutter with a cutting mat (3) use pattern weights and trace patterns with tailor's chalk, then cut out with scissors. Use the method that you are most comfortable with to get the best results.
- Transfer all notches ► from the patterns to your fabric with tailor's chalk, or tiny snips in the fabric. Make sure your marks or snips stay inside the seam allowance.
- All seam allowances are included in each pattern piece, and are noted in each step.
- For the neatest and strongest seams, double stitch all side, bottom, and weight-bearing seams.
- Contact syndicate @hollandcox.com with any questions or suggestions

about The Syndicate

The Syndicate is the sewing patterns division of Holland Cox, and an outlet for sewing evangelism for designer Valerie Williams. Valerie creates two collections of one-of-a-kind handbags for Holland Cox annually as well as new colorways for dozens of accessories on no particular schedule. Visit the blog at <http://hollandcox.com/blog> for Valerie's musings on personal style, sewing, fashion, and fabric, and for the latest news on Holland Cox handbags & accessories and to sign up for The Syndicate mailing list.

copyright

Copyright © 2013 Holland Cox .
The Syndicate sewing patterns are created by Holland Cox designer Valerie Williams and are licensed under a Creative Commons Attribution Non-Commercial Share Alike license. Visit www.creativecommons.org for more information. Syndicate sewing patterns are for personal use only, and may not be used to produce goods for sale.