creative sewing lab


- Sewing pattern \& instructions .

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## WHICH SIZE SHOULD I CHOOSE?

Shirt "Stella" has a comfortable fit - not too loose and not too tight. If you are unsure about your size use the following sizing chart (finished garment) for orientation. Size of the finished garment:

| EU size | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| UK size | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 |
| US size | 2 | 4 | 6 | 8 | 10 | 12 | 14 | 16 |
| Bust (centimetres) | 82 | 85 | 88 | 92 | 96 | 100 | 106 | 112 |
| Bust (yards) | 0.9 | 0.93 | 0.96 | 1 | 1.05 | 1.09 | 1.16 | 1.22 |
| Bust (inch) | 32.3 | 33.5 | 34.6 | 36.2 | 37.8 | 39.37 | 41.73 | 44.1 |
| Waist (centimetres) | 66 | 69 | 72 | 76 | 80 | 84 | 90 | 96 |
| Waist (yards) | 0.73 | 0.75 | 0.78 | 0.83 | 0.88 | 0.92 | 0.98 | 1.05 |
| Waist (inch) | 26 | 27.2 | 28.3 | 29.9 | 31.5 | 33.07 | 354 | 37.8 |
| Hips (centimetres) | 91 | 94 | 97 | 101 | 105 | 109 | 114.5 | 120 |
| Hips (yards) | 0.99 | 1.03 | 1.06 | 1.1 | 1.15 | 1.2 | 1.26 | 1.31 |
| Hips (inch) | 36 | 37 | 38.2 | 39.8 | 41.3 | 43 | 45.1 | 47.25 |

## CUTTING FABRIC TO LENGTH

Clip notches
On the outer edge of the pattern you can see tiny vertical lines. Theses "notches" are used for aligning the pattern pieces during the sewing process. Mark them onto your fabric pieces either with a trick marker or with little cuts of 2 mm in length.


Pieces to be cut
$-1 \times$ Front (cut on fold)
$-1 \times$ Back (cut on fold)

- $1 \times$ Neck band (cut on fold)
- $1 \times$ Front pocket

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## Sewing instructions

Starting from size 40 the pattern includes a bust dart for optimum fitting. Cut the dart from the paper pattern as shown and place the paper pattern on your front bodice (left side of the fabric)


Mark both darts with tailor's chalk or a removable tracing pen on the left side of the fabric for both sides of the front bodice.


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Your shirt is now ready.


