



Frocks & Frolics

Sew + View Free Online Classes

BROOKLYN Waistcoat



Welcome to the wonderful world of sewing! Make this beautiful vest with a little help from Frocks & Frolics. Watch the detailed video covering all aspects of sewing and preparation. Then use the comprehensive guide to work at your pace and learn a few tricks of the trade as well.

Marina is a professional tailor with 25 years experience in both teaching and working in the fashion industry. In 2013 she was honoured by the educational London Times for outstanding contributions to teaching resources. She continues to provide educational resources for everyone wanting to learn professional tailoring techniques.

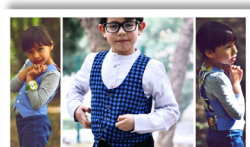
BEFORE YOU START

Welcome to Frocks & Frolics. *Frocks & Frolics* is all about having fun creating gorgeous frocks, for our children and ourselves.

At www.frocksandfrolics.com you will find the video courses to match your patterns. Just log in and under [my-courses](#), you will find the patterns and eBook in chapter one, followed by the video tutorials. I will guide you step by step through the whole process.

If you purchased your pattern on a different platform, for example Etsy or Makerist, I must manually unlock the course for you. Just send an email to frocksandfrolicsflowergirls@gmail.com, detailing your order number and where you made the purchase, and I will unlock the course for you straight away.

For everyone that just wants to watch the YouTube playlist, just click on the thumbnail.



THE SEWING ACADEMY



At the Academy you will learn how to sew my sewing patterns. But that isn't all that's on offer! A wide range of sewing tutorials, gathered up in easy-to-follow sewing courses for beginners and advanced sewists, awaits you. From simple hats and cushions to fabulous fashion zipper insertion, it's all there for you to enjoy.

The sewing courses are all free and to make sure you can start right away; I have linked the most popular course categories for you below.

[Sewing Basics](#)

[Pattern
Hacks](#)

[Easy Projects for
Beginners](#)

[Closures](#)

[Christmas
Projects](#)

[Sleeves](#)

Design Options

This easy sewing beginners pattern features an optional welt pocket and also a slide buckle. The fastening can be the super simple Kam snaps or standard buttonholes and buttons.

When you are using Kam-Snaps the waistcoat can also be reversible.

It is an ideal staple for a smart look which looks great with blue jeans. If you are going to an event and your little ones need to look the part, then this is a great choice.

I think this looks equally great on girls, you can play around with the tie and lift it for a more girly look. Don't forget the buttonholes for girls belong on the opposite side!



Your Online Sewing Course

CHAPTER 1:

Introduction to the pattern which includes:

- Which materials and fabrics are most suitable.
- How to measure your child and find the correct size.
- How to print out your pattern and assemble it

CHAPTER 2: How to cut out your fabric

CHAPTER 3: How to insert a welt pocket

CHAPTER 4: How to sew the waistcoat together

CHAPTER 5: How to insert KamSnaps

BONUS VIDEOS

How to cover a button

THE GIRLS WAISTCOAT

- How to adapt the pattern for girls
- Drafting a collar for the waistcoat (or indeed anywhere else you want a Peter Pan collar)
- Step by step sewing instructions (without sewing close ups)
- How to measure and insert a buttonhole

How much Fabric do I need ?

This Waistcoat takes very little fabric. You will need exactly the same amount for the lining and shell.

The measurements below are based on a fabric width of 140 cm / 54 inches and 110 cm / 43 inches.

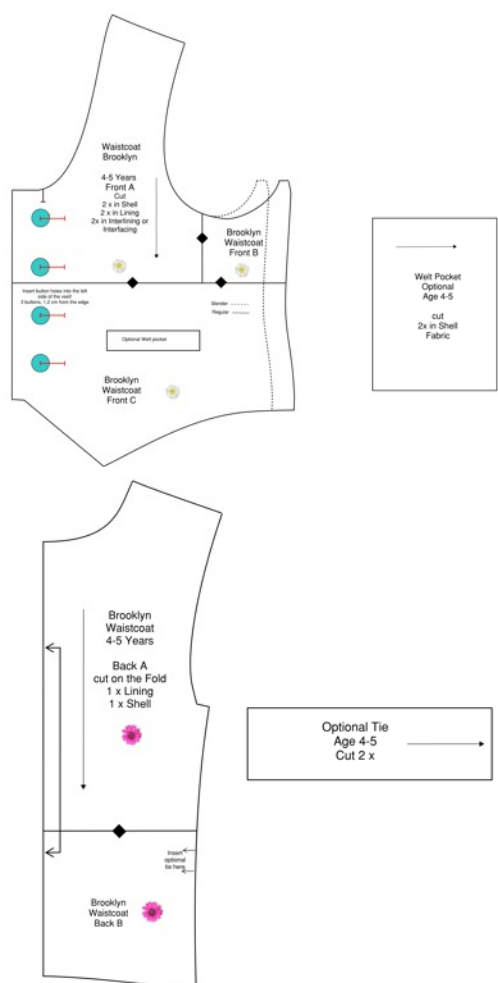
Please bear in mind that the measurements assumes the front and back are cut from the same material.

140 cm / 54 inches	6-12 months	12-18 months	12-24 months	2-3	3-4	4-5	5-6	6-7	7-8	8-10	10-12
Lining / Shell	35 cm 14"				40 cm 16"			50 cm 20"		60 cm 24"	

Notions

Notions	
Matching thread	One reel
Kam Snaps or Buttons	4 set
Slide buckle	1 x 1.5 cm / 3/4" inches
Iron on interfacing	20cm / 8 inches

The Pattern in Detail



The Front

The front extends over the side seam. There is a hidden dart in the seam which joins the front and the back. This makes the waist more fitted!

For girls: The buttonholes are inserted into the left side of the front. It is therefore closed right over left.

For boys: The buttonholes are inserted into the right side of the front. It is therefore closed left over right.

Pocket: The pocket is optional but I would encourage you to watch my members only video and go for it. It takes it very slowly and I am sure you will love inserting pockets from now on.

Cut 2 x in lining and 2 x in shell fabric.

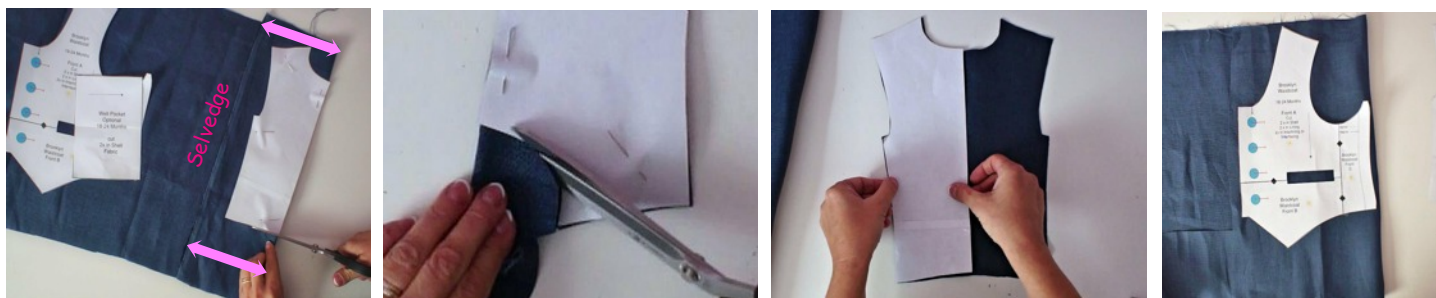
The Back

The back looks great in a contrast fabric and the ties are inserted into the seam.

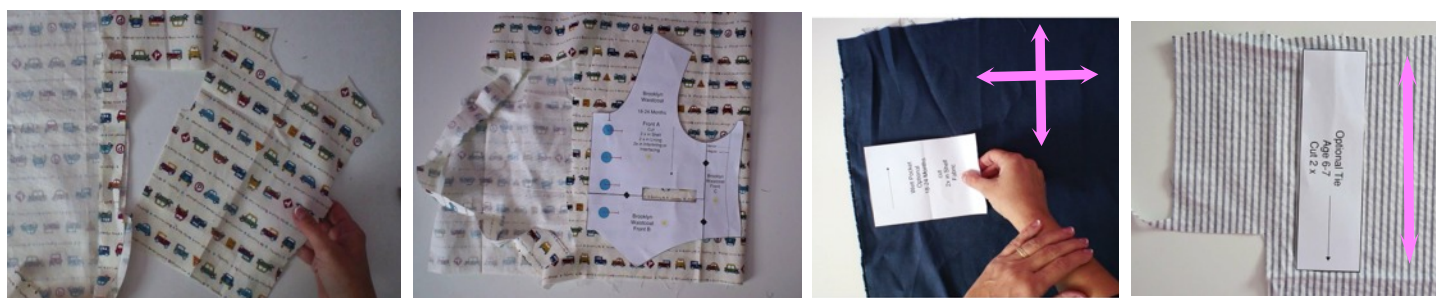
If you are not using a slide buckle, please cut the two ties twice as long.

Cut on the fold 1 x in lining and 1 x in shell.

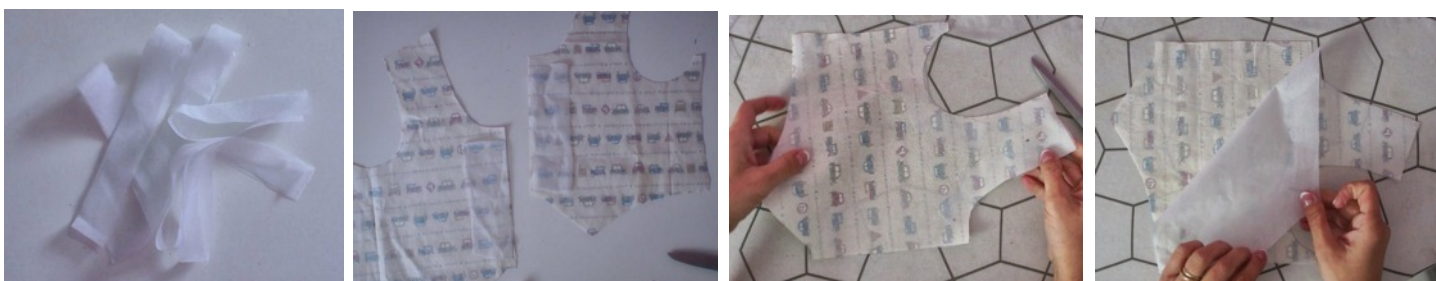
Cutting Out



Fold over the fabric as much as is needed, so you don't waste precious fabric. The seam allowance of 1 cm is included! The back is cut on the fold. The fold needs to have the same distance to the selvedge to ensure the grain runs straight down the garment. Cut any piece with the scissors to the left of the pattern piece. Your left hand can then hold the fabric and aid the cutting process. When you are cutting around a curve use the tip of the scissors to avoid accidentally cutting too far.



If you are using a fabric with a distinct pattern, ensure that it runs along the design and the fronts match up. If you are working with velvet which has a nap, make sure it runs down the garment. This means when you run your hand over it, from top to hem, it has to be smooth. It can be helpful to cut pieces individually instead of on the fold, to ensure you are matching the patterns. In my example the pocket and ties can be cut along the selvedge or across the fabric. If you are using a stripe cut them as shown above in the direction of the stripe.



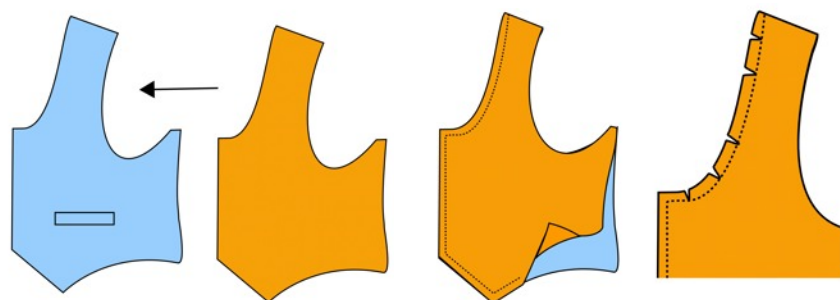
To reinforce the pocket opening (optional) and the front piece with iron on interfacing. You can cut 2 cm wide strips and iron them to the edges of the front lining and back neckline. Alternatively you can interface the entire front and the back neckline. For heavier fabrics I would advise to interface just the edges and with lighter fabrics, the entire front piece.



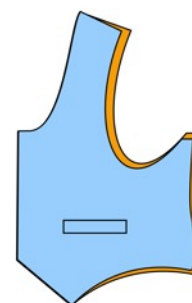
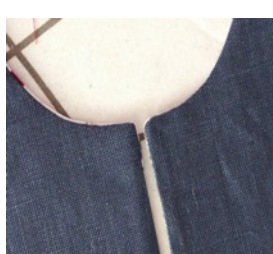
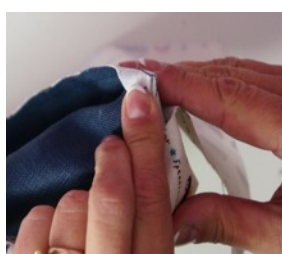
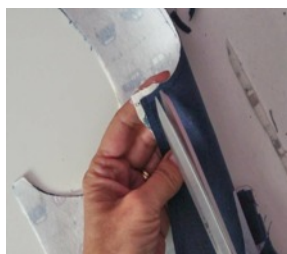
Now we are ready to start sewing!



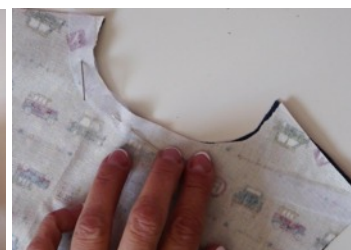
Waistcoat Assembly



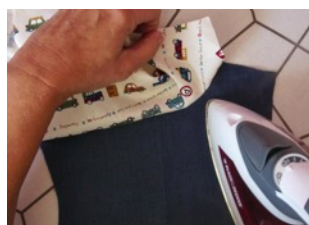
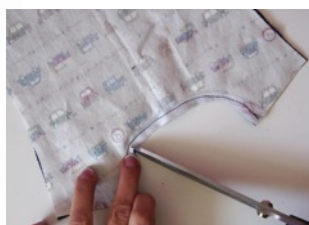
Place the lining on top of the front piece with the right sides facing each other. Close the front from the top of the shoulder to the tip and half way back up. Trim the seam allowance.



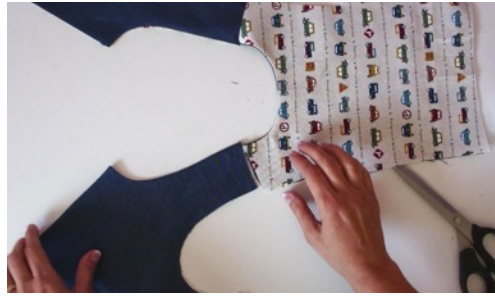
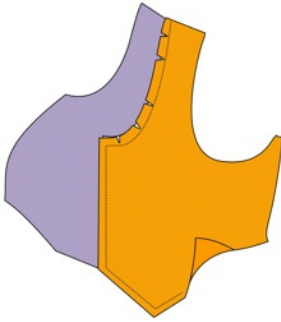
Clip the neckline to prevent tension. Equally trim the seam allowance. Understitching the seam if you are not sewing a reversible vest. Fold the seam allowances to a 90 degrees angle at the top corner. Holding on to the corner turn the front. Iron the front.



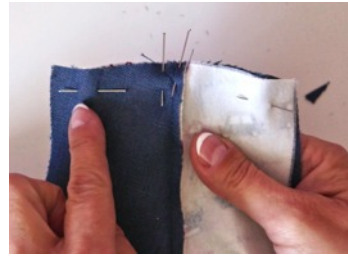
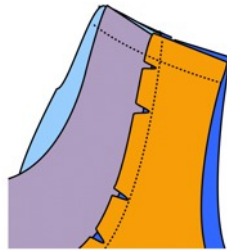
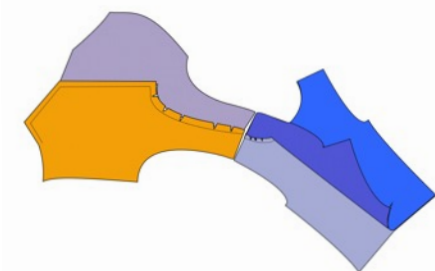
Place the back lining on the back piece with the right sides facing. You can use interfacing to stabilize the neckline or use stay tape. Sew the neckline.



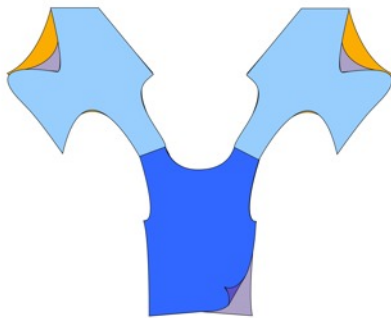
Clip the neckline to prevent tension. Equally trim the seam allowance. Understitching the seam if you are not sewing a reversible vest. Iron the lining into the seam first, it makes getting the neckline right without understitching first so much easier.



Open out the shoulder area again and place the back and front of you as they need to go together. Open out the front and back piece so we can join them together.



Close the shoulder seam. Iron over the front and press. If you are using a thicker fabric cut back the seam to ensure the shoulder lies flat.



Now we are closing the armhole. This is called the 'Burrito' method because we are encasing one side in the other, in order to easily close the armhole.



Pin carefully, not catching any of the encased fabric. At the beginning and end of the seam, we leave the armhole open about 3 cm. This makes it easier to close the side seam later. Clip the seam allowance and cut it back. Clipping the seam in the underarm curve will release the tension.



Our Facebook Group [Join us](#) and have some fun sewing and chatting

If at any point while sewing this pattern you run into trouble and need helpful tips, find the 'Frocks & Frolics Sewing Circle' on Facebook.

I have got to know so many of you through the group and its making the job of creating patterns such an enjoyable task. Your comments telling me you appreciate the detail and work that goes into making a pattern, which fits super and looks great too, is what keeps me going! But remember if you run into problems and tell me about it, I can make my patterns even better! So thank you for all your support.

Below I wanted to share some of the fantastic makes by you, to inspire you to learn sewing for 'reals', as my son would say. This time it is the new pattern!

You may also like the boys Shirt.



The 'Cool Shirt' - Age 1-14