

1 CHOOSE YOUR SIZE

First, measure your body with a tape measure to find your size. Wear tight clothing when measuring, such as a tank top and leggings. Place the measuring tape horizontally around the widest part of your bust, waist and hips. Your tape measure should still be easy to move and not sit too tight or too loose to measure yourself well. To find your size, select the size that is closest to your measurements in the body measurement table.

INTERNATIONAL SIZE CONVERSION CHART

EU	32	34	36	38	40	42	44	46	48	50	52	54	56
AUS & UK	4	6	8	10	12	14	16	18	20	22	24	26	28
US	0	2	4	6	8	10	12	14	16	18	20	22	24
International	XS	S	S	M	M	L	L	XL	XL	XXL	XXL	3XL	3XL

SIZE CHART

Find your body measurements in cm or inch. Standard height for all sizes is 168cm/66".

	32	34	36	38	40	42	44	46	48	50	52	54	56
Bust	78cm 32.2"	82cm 32.2"	86cm 33.8"	90cm 35.4"	94cm 37.0"	98cm 38.5"	102cm 40.1"	106cm 41.7"	110cm 43.3"	116cm 45.6"	122cm 48.0"	128cm 50.4"	134cm 52.7"
Waist	64cm 25.2"	68cm 26.7"	72cm 28.3"	76cm 30.0"	80cm 31.5"	84cm 33.0"	88cm 34.6"	92cm 36.2"	96cm 37.8"	102cm 40.1"	108cm 42.5"	114cm 44.9"	120cm 47.2"
Hip	86cm 33.8"	90cm 35.4"	94cm 37.0"	98cm 38.5"	102cm 40.1"	106cm 41.7"	110cm 43.3"	114cm 44.9"	118cm 46.5"	122cm 48.0"	128cm 50.4"	134cm 52.7"	140cm 55.1"

FINISHED GARMENT MEASUREMENTS

Find the measurements of the finished pants in cm or inch:

	32	34	36	38	40	42	44	46	48	50	52	54	56
Bust	95cm 37.4"	99cm 38.9"	103cm 40.5"	107cm 42.1"	111cm 43.7"	115cm 45.2"	119cm 46.8"	123cm 48.4"	127cm 50.0"	131cm 51.5"	135cm 53.1"	139cm 54.7"	143cm 56.2"
Waist	160cm 63.0"	164cm 64.5"	168cm 66.1"	172cm 67.7"	176cm 69.3"	180cm 70.8"	184cm 72.4"	188cm 74.0"	192cm 75.6"	196cm 77.2"	200cm 78.7"	204cm 80.3"	208cm 81.9"
Hip	160cm 63.0"	164cm 64.5"	168cm 66.1"	172cm 67.7"	176cm 69.3"	180cm 70.8"	184cm 72.4"	188cm 74.0"	192cm 75.6"	196cm 77.2"	200cm 78.7"	204cm 80.3"	208cm 81.9"

2 SUPPLIES

SUGGESTED FABRIC

Light to heavy jersey, light sweat and light and flowing woven fabrics such as muslin, linen or blouse fabrics are suitable for the dress. For a cool winter version of the dress you can also choose a flannel fabric or a heavy sweat fabric. For very light fabrics, I recommend taking one size smaller, as the cut is airy and wide. If you wish, you can use a different fabric for the neck binding, such as a fine rib fabric.

REQUIRED FABRIC

The following applies to a fabric width of at least 140 cm / 55.1":

Size	32	34	36	38	40	42	44	46	48	50	52	54	56
Fabric consumption short + ELASTIC	195cm 76,7"	195cm 76,7"	205cm 80,7"	205cm 80,7"	210cm 82,7"	210cm 82,7"	215cm 84,6"	215cm 84,6"	220cm 86,6"	220cm 86,6"	225cm 88,6"	230cm 90,5"	235cm 92,5"
Fabric consumption long + ELASTIC	235cm 92,5"	235cm 92,5"	250cm 98,4"	250cm 98,4"	255cm 100,4"	260cm 102,3"	260cm 102,3"	265cm 104,3"	270cm 106,3"	275cm 108,3"	275cm 108,3"	285cm 112,2"	290cm 114,2"
Fabric consumption short + NOT ELASTIC	195cm 76,7"	195cm 76,7"	205cm 80,7"	205cm 80,7"	220cm 86,6"	215cm 84,6"	225cm 88,6"	230cm 90,5"	235cm 92,5"	240cm 94,5"	245cm 96,5"	250cm 98,4"	255cm 100,4"
Fabric consumption long + NOT ELASTIC	235cm 92,5"	235cm 92,5"	250cm 98,4"	250cm 98,4"	265cm 104,3"	265cm 104,3"	275cm 108,3"	280cm 110,2"	285cm 112,2"	290cm 114,2"	295cm 116,1"	300cm 118,1"	310cm 122,0"

REQUIRED EQUIPMENT

- printer & paper
- paper scissors
- tape or glue stick
- sewing machine
- optional overlock
- iron
- sewing thread
- fabric scissors
- pins or clips
- tape measure or ruler

CUTTING

Front: 1x fabric on fold

Back: 1x fabric on fold OR 2x mirrored

Skirt: 2x fabric on fold

Pocket: 4x mirrored

Neck binding: 1x cut

Option 1: use diagonal grainline for non elastic fabrics

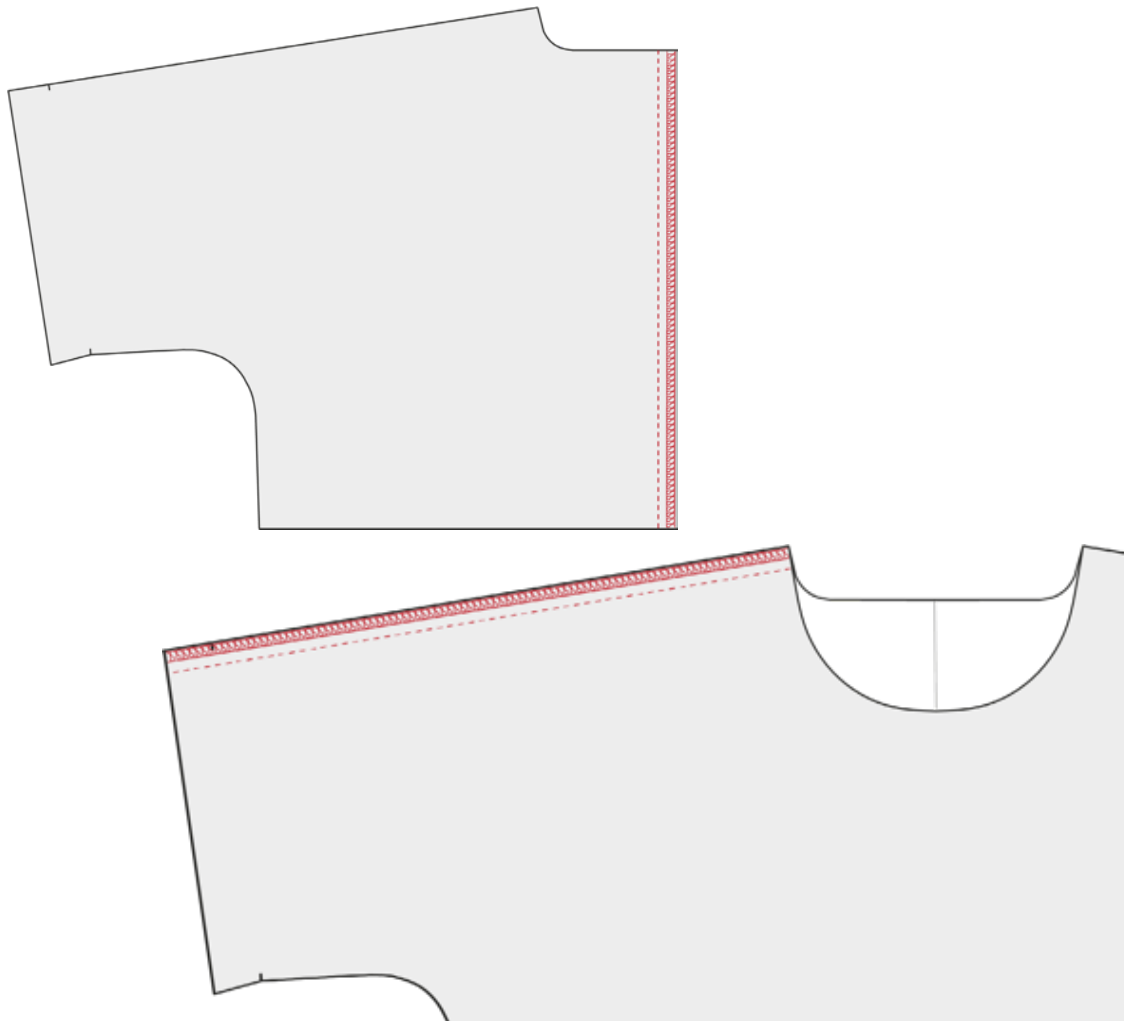
Option 2: use regular grainline for elastic fabrics

BE SURE TO WASH YOUR FABRIC
BEFORE YOU CUT IT.

FABRICS CAN SHRINK UP USUALLY TO
5% WHEN WASHED, SOME FABRICS
EVEN MORE!! IT WOULD BE A PITY IF
YOUR HANDMADE NEW PIECE OF
CLOTHING NO LONGER FIT.

1 CM / 0.4 INCH SEAM ALLOWANCE AND 3 CM / 1.2 INCH SEAM ALLOWANCE AT HEM.

4 SEWING – SHOULDERS AND NECK



1 If you chose the option with the seam at the center back, place the two back pieces right sides together and close the seam in the center back and overcast them.

2 Place the front and back piece right sides together so both shoulder seams are on top of each other. Close ONE shoulder seam, overcast and iron it back.

3 Fold the collar along the long stretch with the right side out / wrong sides facing each other and iron over.